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**Individual Meet Results**
**Exeter Sprints 04-Dec-09 to 05-Dec-09 Yards****Location: Philips Exeter Academy, Exeter NH****Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Elizabeth Aldrich (12) F</b>					
2:33.84Y	F # 1	Female 11 & Over 200 Back	20	---	-2.66
	36.08	1:14.70 1:54.94 2:33.84			
	(36.08)	(38.62) (40.24) (38.90)			
2:48.06Y	F # 3	Female 11 & Over 200 Breast	8	11	0.21
	38.45	1:21.54 2:05.15 2:48.06			
	(38.45)	(43.09) (43.61) (42.91)			
36.55Y	F # 41	Female 11-12 50 Breast	3	16	-0.86
32.91Y	F # 45	Female 11-12 50 Back	3	16	0.87
58.58Y	F # 49	Female 11-12 100 Free	1	20	0.24
	28.22	58.58			
	(28.22)	(30.36)			
32.02Y	F # 53	Female 11-12 50 Fly	3	16	-0.36
1:07.78Y	F # 57	Female 11-12 100 IM	2	17	-2.80
	32.20	1:07.78			
	(32.20)	(35.58)			
<b>Katherine Aldrich (16) F</b>					
2:26.81Y	F # 1	Female 11 & Over 200 Back	6	13	14.98
	33.45	1:10.92 1:49.34 2:26.81			
	(33.45)	(37.47) (38.42) (37.47)			
2:46.42Y	F # 3	Female 11 & Over 200 Breast	7	12	---
	37.69	1:19.68 2:03.09 2:46.42			
	(37.69)	(41.99) (43.41) (43.33)			
NS	F # 7	Female 11 & Over 200 Free	---	---	---
	(0.00)	(0.00) (0.00) (0.00)			
NS	F # 9	Female 11 & Over 50 Free	---	---	---
1:08.38Y	F # 47	Female 100 Back	6	13	6.11
	32.31	1:08.38			
	(32.31)	(36.07)			
1:00.12Y	F # 51	Female 100 Free	9	9	3.87
	28.70	1:00.12			
	(28.70)	(31.42)			
1:12.26Y	F # 55	Female 100 Fly	16	1	5.46
	33.03	1:12.26			
	(33.03)	(39.23)			
2:30.84Y	F # 59	Female 200 IM	10	7	7.64
	32.99	1:10.75 1:56.69 2:30.84			
	(32.99)	(37.76) (45.94) (34.15)			
<b>Ciara April (8) F</b>					
DQ	F # 11	Female 8 & Under 25 Breast	---	---	---
21.62Y	F # 17	Female 8 & Under 25 Back	8	11	-0.82
20.31Y	F # 23	Female 8 & Under 25 Free	23	---	0.04
2:04.07Y DQ	F # 35	Female 8 & Under 100 IM	---	---	---
	54.58	2:04.07			
	(54.58)	(1:09.49)			
<b>Nicole Beals (12) F</b>					
44.31Y	F # 41	Female 11-12 50 Breast	23	---	-0.75

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**Individual Meet Results**
**Exeter Sprints 04-Dec-09 to 05-Dec-09 Yards****Location: Philips Exeter Academy, Exeter NH****Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
36.56Y	F # 45	Female 11-12 50 Back	19	---	-1.23
1:06.55Y	F # 49	Female 11-12 100 Free	12	5	-2.04
	31.71	1:06.55			
	(31.71)	(34.84)			
37.05Y	F # 53	Female 11-12 50 Fly	16	1	-0.93
1:19.14Y	F # 57	Female 11-12 100 IM	15	2	-0.77
	36.29	1:19.14			
	(36.29)	(42.85)			
<b>Sarah Beals (9) F</b>					
59.69Y	F # 13	Female 9-10 50 Breast	51	---	-9.22
47.99Y	F # 19	Female 9-10 50 Back	33	---	-0.92
39.89Y	F # 25	Female 9-10 50 Free	35	---	-0.84
55.98Y	F # 31	Female 9-10 50 Fly	45	---	0.25
1:46.87Y	F # 37	Female 9-10 100 IM	35	---	0.66
	51.64	1:46.87			
	(51.64)	(55.23)			
<b>Hayley Berg (16) F</b>					
3:01.05Y	F # 3	Female 11 & Over 200 Breast	23	---	8.77
	40.58	1:26.08 2:13.15 3:01.05			
	(40.58)	(45.50) (47.07) (47.90)			
2:23.49Y	F # 7	Female 11 & Over 200 Free	31	---	6.33
	32.85	1:09.46 1:46.85 2:23.49			
	(32.85)	(36.61) (37.39) (36.64)			
31.17Y	F # 9	Female 11 & Over 50 Free	55	---	0.82
1:25.13Y	F # 43	Female 100 Breast	30	---	3.84
	40.66	1:25.13			
	(40.66)	(44.47)			
1:19.67Y	F # 47	Female 100 Back	38	---	2.91
	39.21	1:19.67			
	(39.21)	(40.46)			
1:07.91Y	F # 51	Female 100 Free	48	---	3.78
	32.57	1:07.91			
	(32.57)	(35.34)			
2:48.26Y	F # 59	Female 200 IM	32	---	12.55
	40.03	1:22.82 2:10.07 2:48.26			
	(40.03)	(42.79) (47.25) (38.19)			
<b>Katherine Berg (13) F</b>					
1:38.96Y	F # 15	Female 13-14 100 Breast	44	---	-1.87
	47.30	1:38.96			
	(47.30)	(51.66)			
1:31.43Y	F # 21	Female 13-14 100 Back	49	---	-2.02
	45.19	1:31.43			
	(45.19)	(46.24)			
1:11.45Y	F # 27	Female 13-14 100 Free	35	---	-1.52
	33.83	1:11.45			
	(33.83)	(37.62)			

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**Individual Meet Results**
**Exeter Sprints 04-Dec-09 to 05-Dec-09 Yards****Location: Philips Exeter Academy, Exeter NH****Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
3:09.38Y	F # 39	Female 13-14 200 IM	40	---	---
	47.15	1:35.47 2:30.06 3:09.38			
	(47.15)	(48.32) (54.59) (39.32)			
<b>Kathleen Bolton (14) F</b>					
2:40.31Y	F # 3	Female 11 & Over 200 Breast	3	16	-1.69
	36.38	1:17.10 1:59.01 2:40.31			
	(36.38)	(40.72) (41.91) (41.30)			
2:11.14Y	F # 7	Female 11 & Over 200 Free	8	11	-0.86
	30.86	1:04.54 1:38.33 2:11.14			
	(30.86)	(33.68) (33.79) (32.81)			
28.73Y	F # 9	Female 11 & Over 50 Free	30	---	-0.27
1:14.71Y	F # 43	Female 100 Breast	2	17	-0.61
	35.61	1:14.71			
	(35.61)	(39.10)			
1:01.34Y	F # 51	Female 100 Free	17	---	-0.23
	29.79	1:01.34			
	(29.79)	(31.55)			
1:09.94Y	F # 55	Female 100 Fly	10	7	-2.90
	33.01	1:09.94			
	(33.01)	(36.93)			
2:26.29Y	F # 59	Female 200 IM	3	16	-4.28
	32.30	1:12.55 1:53.04 2:26.29			
	(32.30)	(40.25) (40.49) (33.25)			
<b>Matthew Bolton (16) M</b>					
2:07.35Y	F # 2	Male 11 & Over 200 Back	3	16	-11.36
	29.99	1:01.89 1:34.69 2:07.35			
	(29.99)	(31.90) (32.80) (32.66)			
2:34.24Y	F # 4	Male 11 & Over 200 Breast	1	20	0.15
	35.33	1:15.34 1:55.50 2:34.24			
	(35.33)	(40.01) (40.16) (38.74)			
1:59.70Y	F # 8	Male 11 & Over 200 Free	10	7	-1.41
	27.19	58.09 1:29.44 1:59.70			
	(27.19)	(30.90) (31.35) (30.26)			
25.72Y	F # 10	Male 11 & Over 50 Free	14	3	0.02
1:11.31Y	F # 44	Male 100 Breast	9	9	-0.12
	33.73	1:11.31			
	(33.73)	(37.58)			
1:00.77Y	F # 48	Male 100 Back	9	9	-2.32
	30.02	1:00.77			
	(30.02)	(30.75)			
55.20Y	F # 52	Male 100 Free	18	---	0.22
	26.65	55.20			
	(26.65)	(28.55)			
NS	F # 56	Male 100 Fly	---	---	---
	(0.00)	(0.00)			
2:15.17Y	F # 60	Male 200 IM	7	12	-0.22
	30.07	1:03.11 1:44.43 2:15.17			
	(30.07)	(33.04) (41.32) (30.74)			

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**Individual Meet Results**
**Exeter Sprints 04-Dec-09 to 05-Dec-09 Yards****Location: Philips Exeter Academy, Exeter NH****Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Zachary Bonte (12) M</b>					
43.19Y	F # 42	Male 11-12 50 Breast	14	3	-0.91
35.10Y	F # 46	Male 11-12 50 Back	5	14	-0.22
1:09.21Y	F # 50	Male 11-12 100 Free	8	11	-0.84
	33.41	1:09.21			
	(33.41)	(35.80)			
40.71Y	F # 54	Male 11-12 50 Fly	16	1	-0.29
1:21.49Y	F # 58	Male 11-12 100 IM	9	9	-1.46
	38.46	1:21.49			
	(38.46)	(43.03)			
<b>Haley Charest (15) F</b>					
2:59.53Y	F # 3	Female 11 & Over 200 Breast	22	---	-2.25
	40.79	1:26.44 2:12.65 2:59.53			
	(40.79)	(45.65) (46.21) (46.88)			
2:24.31Y	F # 7	Female 11 & Over 200 Free	32	---	-0.79
	33.41	1:10.20 1:48.29 2:24.31			
	(33.41)	(36.79) (38.09) (36.02)			
30.64Y	F # 9	Female 11 & Over 50 Free	51	---	0.94
1:23.33Y	F # 43	Female 100 Breast	22	---	1.95
	40.09	1:23.33			
	(40.09)	(43.24)			
1:05.44Y	F # 51	Female 100 Free	33	---	0.68
	32.40	1:05.44			
	(32.40)	(33.04)			
2:43.44Y	F # 59	Female 200 IM	28	---	5.27
	38.24	1:18.68 2:07.03 2:43.44			
	(38.24)	(40.44) (48.35) (36.41)			
<b>Elisa Chen (10) F</b>					
1:00.75Y	F # 13	Female 9-10 50 Breast	53	---	-2.63
52.30Y	F # 19	Female 9-10 50 Back	58	---	-4.04
43.95Y	F # 25	Female 9-10 50 Free	60	---	-0.87
2:04.83Y	F # 37	Female 9-10 100 IM	48	---	0.55
	59.83	2:04.83			
	(59.83)	(1:05.00)			
<b>Michael Chen (9) M</b>					
1:01.15Y	F # 14	Male 9-10 50 Breast	23	---	---
52.00Y	F # 20	Male 9-10 50 Back	23	---	-1.79
41.22Y	F # 26	Male 9-10 50 Free	18	---	0.61
1:53.40Y	F # 38	Male 9-10 100 IM	15	2	-12.68
	55.46	1:53.40			
	(55.46)	(57.94)			
<b>Hannah Cloutier (13) F</b>					
NS	F # 21	Female 13-14 100 Back	---	---	---
	(0.00)	(0.00)			
NS	F # 27	Female 13-14 100 Free	---	---	---
	(0.00)	(0.00)			

**Individual Meet Results**

**Exeter Sprints 04-Dec-09 to 05-Dec-09 Yards**  
**Location: Philips Exeter Academy, Exeter NH**  
**Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

Time	F/P/S	Event	Place	Points	Improv
<b>Sophia Coffey (12) F</b>					
45.91Y	F # 41	Female 11-12 50 Breast	35	---	-1.23
37.72Y	F # 45	Female 11-12 50 Back	24	---	0.73
1:10.32Y	F # 49	Female 11-12 100 Free	17	---	1.78
	33.69	1:10.32			
	(33.69)	(36.63)			
37.76Y	F # 53	Female 11-12 50 Fly	19	---	0.87
1:24.91Y	F # 57	Female 11-12 100 IM	23	---	3.01
	39.66	1:24.91			
	(39.66)	(45.25)			
<b>Maria Colella (17) F</b>					
2:32.61Y	F # 1	Female 11 & Over 200 Back	17	---	2.22
	35.01	1:13.91 1:54.63 2:32.61			
	(35.01)	(38.90) (40.72) (37.98)			
2:33.85Y	F # 5	Female 11 & Over 200 Fly	7	12	8.37
	32.23	1:11.03 1:53.18 2:33.85			
	(32.23)	(38.80) (42.15) (40.67)			
2:09.00Y	F # 7	Female 11 & Over 200 Free	5	14	2.62
	30.10	1:02.93 1:36.21 2:09.00			
	(30.10)	(32.83) (33.28) (32.79)			
27.84Y	F # 9	Female 11 & Over 50 Free	12	5	0.70
1:12.97Y	F # 47	Female 100 Back	19	---	3.45
	35.37	1:12.97			
	(35.37)	(37.60)			
1:00.36Y	F # 51	Female 100 Free	10	7	1.15
	29.59	1:00.36			
	(29.59)	(30.77)			
1:08.12Y	F # 55	Female 100 Fly	4	15	1.83
	31.90	1:08.12			
	(31.90)	(36.22)			
2:34.25Y	F # 59	Female 200 IM	16	1	7.74
	31.19	1:11.77 1:59.06 2:34.25			
	(31.19)	(40.58) (47.29) (35.19)			
<b>Olivia DeFreest (15) F</b>					
1:38.92Y	F # 43	Female 100 Breast	53	---	-1.09
	46.13	1:38.92			
	(46.13)	(52.79)			
1:28.79Y	F # 47	Female 100 Back	52	---	---
	(0.00)	1:28.79			
	(0.00)	(1:28.79)			
1:13.93Y	F # 51	Female 100 Free	62	---	-5.66
	36.58	1:13.93			
	(36.58)	(37.35)			
1:40.10Y	F # 55	Female 100 Fly	42	---	-1.05
	44.07	1:40.10			
	(44.07)	(56.03)			

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**Individual Meet Results**
**Exeter Sprints 04-Dec-09 to 05-Dec-09 Yards****Location: Philips Exeter Academy, Exeter NH****Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

Time	F/P/S	Event	Place	Points	Improv
<b>David Delahunty (15) M</b>					
2:43.53Y	F # 4	Male 11 & Over 200 Breast	6	13	-1.30
	35.73	1:18.40 2:01.35 2:43.53			
	(35.73)	(42.67) (42.95) (42.18)			
2:08.38Y	F # 8	Male 11 & Over 200 Free	13	4	3.82
	28.12	59.69 1:33.87 2:08.38			
	(28.12)	(31.57) (34.18) (34.51)			
26.05Y	F # 10	Male 11 & Over 50 Free	16	1	-0.17
1:13.09Y	F # 44	Male 100 Breast	17	---	-0.14
	34.52	1:13.09			
	(34.52)	(38.57)			
1:03.53Y	F # 48	Male 100 Back	14	3	-0.68
	30.91	1:03.53			
	(30.91)	(32.62)			
56.01Y	F # 52	Male 100 Free	21	---	-1.05
	26.81	56.01			
	(26.81)	(29.20)			
2:21.96Y	F # 60	Male 200 IM	14	3	-1.78
	30.05	1:06.10 1:50.23 2:21.96			
	(30.05)	(36.05) (44.13) (31.73)			
<b>Linda Delahunty (15) F</b>					
2:37.24Y	F # 1	Female 11 & Over 200 Back	26	---	-4.19
	36.91	1:16.18 1:56.86 2:37.24			
	(36.91)	(39.27) (40.68) (40.38)			
2:31.46Y	F # 7	Female 11 & Over 200 Free	39	---	1.81
	34.45	1:12.69 1:51.98 2:31.46			
	(34.45)	(38.24) (39.29) (39.48)			
1:29.41Y	F # 43	Female 100 Breast	40	---	-1.49
	42.83	1:29.41			
	(42.83)	(46.58)			
1:13.90Y	F # 47	Female 100 Back	22	---	0.46
	35.93	1:13.90			
	(35.93)	(37.97)			
1:09.91Y	F # 51	Female 100 Free	52	---	1.87
	33.64	1:09.91			
	(33.64)	(36.27)			
1:26.52Y	F # 55	Female 100 Fly	34	---	-4.40
	40.72	1:26.52			
	(40.72)	(45.80)			
2:50.61Y	F # 59	Female 200 IM	37	---	-2.04
	40.56	1:21.23 2:11.04 2:50.61			
	(40.56)	(40.67) (49.81) (39.57)			
<b>Jillian Deland (11) F</b>					
46.56Y	F # 41	Female 11-12 50 Breast	38	---	-0.61
41.98Y	F # 45	Female 11-12 50 Back	44	---	-3.75
1:22.00Y	F # 49	Female 11-12 100 Free	46	---	1.62
	38.48	1:22.00			
	(38.48)	(43.52)			

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**Individual Meet Results**
**Exeter Sprints 04-Dec-09 to 05-Dec-09 Yards****Location: Philips Exeter Academy, Exeter NH****Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
49.52Y	F # 53	Female 11-12 50 Fly	51	---	-3.03
1:31.70Y	F # 57	Female 11-12 100 IM	44	---	-1.35
	44.92	1:31.70			
	(44.92)	(46.78)			
<b>Kyle Deland (16) M</b>					
1:12.86Y	F # 44	Male 100 Breast	16	1	6.31
	34.08	1:12.86			
	(34.08)	(38.78)			
53.64Y	F # 52	Male 100 Free	12	5	0.82
	25.65	53.64			
	(25.65)	(27.99)			
59.25Y	F # 56	Male 100 Fly	6	13	4.40
	27.56	59.25			
	(27.56)	(31.69)			
<b>Christina Denbow (15) F</b>					
2:34.53Y	F # 3	Female 11 & Over 200 Breast	1	20	2.59
	36.02	1:14.92 1:54.46 2:34.53			
	(36.02)	(38.90) (39.54) (40.07)			
2:08.30Y	F # 7	Female 11 & Over 200 Free	3	16	3.81
	30.27	1:02.79 1:36.15 2:08.30			
	(30.27)	(32.52) (33.36) (32.15)			
28.56Y	F # 9	Female 11 & Over 50 Free	28	---	1.33
1:13.44Y	F # 43	Female 100 Breast	1	20	3.64
	35.21	1:13.44			
	(35.21)	(38.23)			
1:14.98Y	F # 47	Female 100 Back	26	---	4.60
	36.59	1:14.98			
	(36.59)	(38.39)			
1:02.04Y	F # 51	Female 100 Free	21	---	3.87
	30.02	1:02.04			
	(30.02)	(32.02)			
1:11.24Y	F # 55	Female 100 Fly	15	2	5.12
	33.72	1:11.24			
	(33.72)	(37.52)			
2:26.98Y	F # 59	Female 200 IM	4	15	7.65
	33.26	1:12.68 1:53.44 2:26.98			
	(33.26)	(39.42) (40.76) (33.54)			
<b>Zachary Denbow (10) M</b>					
40.56Y	F # 14	Male 9-10 50 Breast	1	20	-0.64
37.68Y	F # 20	Male 9-10 50 Back	3	16	-0.23
31.30Y	F # 26	Male 9-10 50 Free	1	20	0.41
39.68Y	F # 32	Male 9-10 50 Fly	2	17	1.09
1:18.53Y	F # 38	Male 9-10 100 IM	1	20	-0.22
	39.45	1:18.53			
	(39.45)	(39.08)			
<b>Katherine Donovan (16) F</b>					
2:33.86Y	F # 1	Female 11 & Over 200 Back	21	---	0.44

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**Individual Meet Results**
**Exeter Sprints 04-Dec-09 to 05-Dec-09 Yards****Location: Philips Exeter Academy, Exeter NH****Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
2:12.47Y	F # 7	Female 11 & Over 200 Free	11	6	1.38
	30.44	1:04.56 1:38.78 2:12.47			
	(30.44)	(34.12) (34.22) (33.69)			
28.60Y	F # 9	Female 11 & Over 50 Free	29	---	-0.09
1:10.97Y	F # 47	Female 100 Back	17	---	-0.22
	34.40	1:10.97			
	(34.40)	(36.57)			
1:00.65Y	F # 51	Female 100 Free	11	6	0.83
	29.07	1:00.65			
	(29.07)	(31.58)			
1:08.60Y	F # 55	Female 100 Fly	7	12	-0.46
	32.58	1:08.60			
	(32.58)	(36.02)			
2:28.02Y	F # 59	Female 200 IM	5	14	-1.96
	31.21	1:09.42 1:54.63 2:28.02			
	(31.21)	(38.21) (45.21) (33.39)			
<b>Madison Edwards (8) F</b>					
29.28Y	F # 11	Female 8 & Under 25 Breast	14	3	---
29.97Y	F # 17	Female 8 & Under 25 Back	51	---	3.10
19.90Y	F # 23	Female 8 & Under 25 Free	18	---	-0.95
1:55.26Y	F # 35	Female 8 & Under 100 IM	12	5	---
	55.71	1:55.26			
	(55.71)	(59.55)			
<b>Kelsey Ewing (16) F</b>					
2:24.67Y	F # 1	Female 11 & Over 200 Back	5	14	7.36
	34.41	1:10.93 1:47.84 2:24.67			
	(34.41)	(36.52) (36.91) (36.83)			
2:31.06Y	F # 5	Female 11 & Over 200 Fly	6	13	0.22
	31.84	1:09.17 1:49.45 2:31.06			
	(31.84)	(37.33) (40.28) (41.61)			
2:04.66Y	F # 7	Female 11 & Over 200 Free	2	17	9.91
	28.38	59.23 1:31.82 2:04.66			
	(28.38)	(30.85) (32.59) (32.84)			
26.98Y	F # 9	Female 11 & Over 50 Free	3	16	1.80
1:17.53Y	F # 43	Female 100 Breast	8	11	2.31
	36.10	1:17.53			
	(36.10)	(41.43)			
56.50Y	F # 51	Female 100 Free	2	17	2.13
	27.43	56.50			
	(27.43)	(29.07)			
1:04.14Y	F # 55	Female 100 Fly	1	20	4.70
	30.04	1:04.14			
	(30.04)	(34.10)			
2:20.98Y	F # 59	Female 200 IM	1	20	7.79
	30.99	1:07.56 1:49.40 2:20.98			
	(30.99)	(36.57) (41.84) (31.58)			

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**Individual Meet Results**
**Exeter Sprints 04-Dec-09 to 05-Dec-09 Yards****Location: Philips Exeter Academy, Exeter NH****Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Riley Ewing (13) M</b>					
1:21.60Y	F # 16	Male 13-14 100 Breast	9	9	-3.21
	38.37	1:21.60			
	(38.37)	(43.23)			
1:04.90Y	F # 22	Male 13-14 100 Back	1	20	-0.76
	32.15	1:04.90			
	(32.15)	(32.75)			
59.89Y	F # 28	Male 13-14 100 Free	8	11	1.76
	28.95	59.89			
	(28.95)	(30.94)			
1:07.21Y	F # 34	Male 13-14 100 Fly	4	15	-0.22
	31.63	1:07.21			
	(31.63)	(35.58)			
2:25.09Y	F # 40	Male 13-14 200 IM	3	16	0.38
	31.17	1:06.34	1:52.41	2:25.09	
	(31.17)	(35.17)	(46.07)	(32.68)	
<b>Maria Feren (10) F</b>					
55.98Y	F # 13	Female 9-10 50 Breast	42	---	-13.37
50.78Y	F # 19	Female 9-10 50 Back	53	---	-2.30
42.37Y	F # 25	Female 9-10 50 Free	52	---	-3.66
2:02.28Y	F # 37	Female 9-10 100 IM	46	---	-15.59
	1:02.97	2:02.28			
	(1:02.97)	(59.31)			
<b>Sarah Ferguson (8) F</b>					
23.60Y	F # 17	Female 8 & Under 25 Back	21	---	0.96
18.16Y	F # 23	Female 8 & Under 25 Free	12	5	-0.62
21.72Y	F # 29	Female 8 & Under 25 Fly	8	11	-0.69
1:47.15Y	F # 35	Female 8 & Under 100 IM	9	9	---
	50.35	1:47.15			
	(50.35)	(56.80)			
<b>Kathleen Golding (9) F</b>					
44.56Y	F # 13	Female 9-10 50 Breast	8	11	0.65
37.70Y	F # 19	Female 9-10 50 Back	5	14	---
30.60Y	F # 25	Female 9-10 50 Free	1	20	-0.43
37.70Y	F # 31	Female 9-10 50 Fly	8	11	-2.09
1:20.54Y	F # 37	Female 9-10 100 IM	4	15	-0.75
	38.82	1:20.54			
	(38.82)	(41.72)			
<b>Molly Golding (6) F</b>					
24.80Y	F # 11	Female 8 & Under 25 Breast	8	11	-2.36
22.97Y	F # 17	Female 8 & Under 25 Back	17	---	0.87
19.16Y	F # 23	Female 8 & Under 25 Free	14	3	-0.84
21.63Y	F # 29	Female 8 & Under 25 Fly	7	12	-0.05
1:46.77Y	F # 35	Female 8 & Under 100 IM	8	11	-2.26
	51.29	1:46.77			
	(51.29)	(55.48)			

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**Individual Meet Results**
**Exeter Sprints 04-Dec-09 to 05-Dec-09 Yards****Location: Philips Exeter Academy, Exeter NH****Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Zachary Grimmatt (14) M</b>					
2:28.65Y	F # 2	Male 11 & Over 200 Back	13	4	-1.45
	34.45	1:11.98 1:50.97 2:28.65			
	(34.45)	(37.53) (38.99) (37.68)			
2:45.52Y	F # 4	Male 11 & Over 200 Breast	8	11	---
	35.48	1:17.62 2:01.79 2:45.52			
	(35.48)	(42.14) (44.17) (43.73)			
2:05.50Y	F # 8	Male 11 & Over 200 Free	12	5	1.35
	27.74	59.52 1:32.91 2:05.50			
	(27.74)	(31.78) (33.39) (32.59)			
25.85Y	F # 10	Male 11 & Over 50 Free	15	2	-0.15
1:08.04Y	F # 48	Male 100 Back	25	---	0.30
	33.32	1:08.04			
	(33.32)	(34.72)			
56.05Y	F # 52	Male 100 Free	22	---	-0.53
	26.44	56.05			
	(26.44)	(29.61)			
1:08.17Y	F # 56	Male 100 Fly	19	---	-0.13
	31.36	1:08.17			
	(31.36)	(36.81)			
2:28.01Y	F # 60	Male 200 IM	20	---	1.12
	30.95	1:10.28 1:55.13 2:28.01			
	(30.95)	(39.33) (44.85) (32.88)			
<b>Cole Hogg (15) M</b>					
2:02.05Y	F # 6	Male 11 & Over 200 Fly	1	20	-8.66
	26.99	57.38 1:29.07 2:02.05			
	(26.99)	(30.39) (31.69) (32.98)			
1:48.95Y	F # 8	Male 11 & Over 200 Free	1	20	-0.44
	25.49	53.44 1:21.88 1:48.95			
	(25.49)	(27.95) (28.44) (27.07)			
22.85Y	F # 10	Male 11 & Over 50 Free	1	20	-0.01
58.92Y	F # 48	Male 100 Back	6	13	-0.56
	28.84	58.92			
	(28.84)	(30.08)			
49.09Y	F # 52	Male 100 Free	1	20	-0.18
	23.57	49.09			
	(23.57)	(25.52)			
56.64Y	F # 56	Male 100 Fly	2	17	-0.71
	26.92	56.64			
	(26.92)	(29.72)			
2:07.00Y	F # 60	Male 200 IM	4	15	2.20
	27.05	58.73 1:38.35 2:07.00			
	(27.05)	(31.68) (39.62) (28.65)			
<b>Kathleen Jenkins (9) F</b>					
45.08Y	F # 13	Female 9-10 50 Breast	11	6	-17.61
35.33Y	F # 19	Female 9-10 50 Back	1	20	-1.83
32.25Y	F # 25	Female 9-10 50 Free	5	14	-0.58
35.89Y	F # 31	Female 9-10 50 Fly	4	15	-3.27

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**Individual Meet Results**
**Exeter Sprints 04-Dec-09 to 05-Dec-09 Yards****Location: Philips Exeter Academy, Exeter NH****Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
1:21.96Y	F # 37 37.49 (37.49)	Female 9-10 100 IM 1:21.96 (44.47)	5	14	-0.59
<b>Richard Jenkins (17) M</b>					
2:09.13Y	F # 2 29.86 (29.86)	Male 11 & Over 200 Back 1:01.97 1:35.75 2:09.13 (32.11) (33.78) (33.38)	4	15	4.57
1:55.19Y	F # 8 25.59 (25.59)	Male 11 & Over 200 Free 54.98 1:25.59 1:55.19 (29.39) (30.61) (29.60)	5	14	5.30
23.97Y	F # 10	Male 11 & Over 50 Free	4	15	0.38
1:12.44Y	F # 44 34.53 (34.53)	Male 100 Breast 1:12.44 (37.91)	13	4	-6.23
58.68Y	F # 48 28.46 (28.46)	Male 100 Back 58.68 (30.22)	4	15	2.54
52.27Y	F # 52 25.13 (25.13)	Male 100 Free 52.27 (27.14)	8	11	1.47
2:15.68Y	F # 60 29.86 (29.86)	Male 200 IM 1:02.23 1:45.72 2:15.68 (32.37) (43.49) (29.96)	8	11	2.06
<b>Robert Jenkins (15) M</b>					
2:39.51Y	F # 2 36.58 (36.58)	Male 11 & Over 200 Back 1:17.03 1:58.96 2:39.51 (40.45) (41.93) (40.55)	19	---	-1.48
2:31.46Y	F # 6 32.21 (32.21)	Male 11 & Over 200 Fly 1:09.84 1:49.50 2:31.46 (37.63) (39.66) (41.96)	5	14	1.37
2:11.20Y	F # 8 30.87 (30.87)	Male 11 & Over 200 Free 1:04.69 1:39.60 2:11.20 (33.82) (34.91) (31.60)	17	---	0.90
27.40Y	F # 10	Male 11 & Over 50 Free	27	---	0.15
1:10.93Y	F # 48 33.35 (33.35)	Male 100 Back 1:10.93 (37.58)	30	---	-2.24
58.64Y	F # 52 28.20 (28.20)	Male 100 Free 58.64 (30.44)	31	---	-0.46
1:07.10Y	F # 56 31.24 (31.24)	Male 100 Fly 1:07.10 (35.86)	17	---	1.38
2:37.46Y	F # 60 33.12 (33.12)	Male 200 IM 1:14.86 2:03.40 2:37.46 (41.74) (48.54) (34.06)	27	---	5.46

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**Individual Meet Results**
**Exeter Sprints 04-Dec-09 to 05-Dec-09 Yards****Location: Philips Exeter Academy, Exeter NH****Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Kathleen Lamontagne (16) F</b>					
2:32.39Y	F # 1	Female 11 & Over 200 Back	16	1	-0.96
	35.38	1:13.54 1:53.32 2:32.39			
	(35.38)	(38.16) (39.78) (39.07)			
2:53.08Y	F # 3	Female 11 & Over 200 Breast	15	2	-6.80
	39.49	1:23.55 2:08.52 2:53.08			
	(39.49)	(44.06) (44.97) (44.56)			
2:11.53Y	F # 7	Female 11 & Over 200 Free	9	9	0.30
	29.23	1:02.38 1:36.87 2:11.53			
	(29.23)	(33.15) (34.49) (34.66)			
27.45Y	F # 9	Female 11 & Over 50 Free	8	10	0.10
<b>Taylor Lee (8) F</b>					
25.94Y	F # 17	Female 8 & Under 25 Back	38	---	1.57
20.24Y	F # 23	Female 8 & Under 25 Free	22	---	-0.76
<b>Liam MacDermott (10) M</b>					
1:09.00Y	F # 14	Male 9-10 50 Breast	28	---	3.75
56.96Y	F # 20	Male 9-10 50 Back	28	---	-7.82
56.62Y	F # 26	Male 9-10 50 Free	33	---	2.16
<b>Makayla MacDermott (8) F</b>					
25.20Y	F # 17	Female 8 & Under 25 Back	34	---	-1.02
24.56Y	F # 23	Female 8 & Under 25 Free	40	---	2.56
<b>Anna Martin (17) F</b>					
1:26.81Y	F # 43	Female 100 Breast	35	---	3.88
	41.02	1:26.81			
	(41.02)	(45.79)			
1:07.89Y	F # 51	Female 100 Free	47	---	0.62
	32.26	1:07.89			
	(32.26)	(35.63)			
1:20.68Y	F # 55	Female 100 Fly	26	---	2.13
	36.33	1:20.68			
	(36.33)	(44.35)			
2:43.03Y	F # 59	Female 200 IM	26	---	4.83
	35.51	1:17.16 2:05.27 2:43.03			
	(35.51)	(41.65) (48.11) (37.76)			
<b>Jenna Masterson (14) F</b>					
1:32.82Y	F # 15	Female 13-14 100 Breast	27	---	-2.34
	44.49	1:32.82			
	(44.49)	(48.33)			
1:24.40Y	F # 21	Female 13-14 100 Back	33	---	-4.07
	(0.00)	1:24.40			
	(0.00)	(1:24.40)			
1:17.18Y	F # 27	Female 13-14 100 Free	52	---	2.13
	37.01	1:17.18			
	(37.01)	(40.17)			
2:59.31Y	F # 39	Female 13-14 200 IM	24	---	-7.49
	40.58	1:27.29 2:17.74 2:59.31			
	(40.58)	(46.71) (50.45) (41.57)			

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**Individual Meet Results**
**Exeter Sprints 04-Dec-09 to 05-Dec-09 Yards****Location: Philips Exeter Academy, Exeter NH****Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Stephen Masterson (17) M</b>					
1:16.61Y	F # 44	Male 100 Breast	23	---	4.46
	35.91	1:16.61			
	(35.91)	(40.70)			
1:12.88Y	F # 48	Male 100 Back	34	---	2.01
	34.79	1:12.88			
	(34.79)	(38.09)			
1:04.06Y	F # 52	Male 100 Free	42	---	7.05
	30.20	1:04.06			
	(30.20)	(33.86)			
NS	F # 60	Male 200 IM	---	---	---
	(0.00)	(0.00) (0.00) (0.00)			
<b>Matthew McKee (16) M</b>					
2:36.18Y	F # 2	Male 11 & Over 200 Back	15	2	---
	35.99	1:15.67 1:56.03 2:36.18			
	(35.99)	(39.68) (40.36) (40.15)			
2:34.60Y	F # 6	Male 11 & Over 200 Fly	6	13	---
	32.41	1:10.74 1:53.27 2:34.60			
	(32.41)	(38.33) (42.53) (41.33)			
2:13.12Y	F # 8	Male 11 & Over 200 Free	18	---	4.22
	28.89	1:02.20 1:37.82 2:13.12			
	(28.89)	(33.31) (35.62) (35.30)			
26.61Y	F # 10	Male 11 & Over 50 Free	19	---	1.20
1:11.59Y	F # 48	Male 100 Back	32	---	---
	35.25	1:11.59			
	(35.25)	(36.34)			
58.74Y	F # 52	Male 100 Free	32	---	1.46
	28.27	58.74			
	(28.27)	(30.47)			
1:06.64Y	F # 56	Male 100 Fly	14	3	1.15
	30.88	1:06.64			
	(30.88)	(35.76)			
<b>Abigail Mitchell (16) F</b>					
2:42.07Y	F # 3	Female 11 & Over 200 Breast	5	14	3.82
	37.24	1:18.56 2:00.47 2:42.07			
	(37.24)	(41.32) (41.91) (41.60)			
2:24.96Y	F # 7	Female 11 & Over 200 Free	33	---	9.04
	32.69	1:08.97 1:47.92 2:24.96			
	(32.69)	(36.28) (38.95) (37.04)			
29.86Y	F # 9	Female 11 & Over 50 Free	41	---	0.64
1:15.04Y	F # 43	Female 100 Breast	3	16	3.82
	36.01	1:15.04			
	(36.01)	(39.03)			
1:05.67Y	F # 51	Female 100 Free	35	---	3.09
	31.17	1:05.67			
	(31.17)	(34.50)			

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**Individual Meet Results**
**Exeter Sprints 04-Dec-09 to 05-Dec-09 Yards****Location: Philips Exeter Academy, Exeter NH****Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
2:39.74Y	F # 59	Female 200 IM	23	---	11.29
	37.83	1:19.92 2:01.52 2:39.74			
	(37.83)	(42.09) (41.60) (38.22)			
<b>Danielle Morin (14) F</b>					
1:17.10Y	F # 21	Female 13-14 100 Back	17	---	-2.72
	37.27	1:17.10			
	(37.27)	(39.83)			
1:04.79Y	F # 27	Female 13-14 100 Free	17	---	-1.83
	31.20	1:04.79			
	(31.20)	(33.59)			
1:21.72Y	F # 33	Female 13-14 100 Fly	14	3	0.89
	38.71	1:21.72			
	(38.71)	(43.01)			
2:42.69Y	F # 39	Female 13-14 200 IM	12	5	-5.61
	36.96	1:18.15 2:06.32 2:42.69			
	(36.96)	(41.19) (48.17) (36.37)			
<b>Elizabeth Morin (16) F</b>					
2:49.62Y	F # 3	Female 11 & Over 200 Breast	12	5	2.00
	37.99	1:20.92 2:04.93 2:49.62			
	(37.99)	(42.93) (44.01) (44.69)			
2:12.68Y	F # 7	Female 11 & Over 200 Free	14	3	0.58
	30.97	1:04.56 1:39.14 2:12.68			
	(30.97)	(33.59) (34.58) (33.54)			
28.75Y	F # 9	Female 11 & Over 50 Free	31	---	0.72
1:18.90Y	F # 43	Female 100 Breast	13	4	1.79
	37.28	1:18.90			
	(37.28)	(41.62)			
1:13.17Y	F # 47	Female 100 Back	20	---	3.50
	35.72	1:13.17			
	(35.72)	(37.45)			
1:01.74Y	F # 51	Female 100 Free	20	---	0.70
	29.80	1:01.74			
	(29.80)	(31.94)			
2:29.01Y	F # 59	Female 200 IM	7	12	1.21
	31.99	1:11.29 1:54.94 2:29.01			
	(31.99)	(39.30) (43.65) (34.07)			
<b>Courtney Mountifield (18) M</b>					
NS	F # 44	Male 100 Breast	---	---	---
	(0.00)	(0.00)			
<b>Stephen Muzzey (16) M</b>					
NS	F # 2	Male 11 & Over 200 Back	---	---	---
	(0.00)	(0.00) (0.00) (0.00)			
2:04.49Y	F # 6	Male 11 & Over 200 Fly	2	17	-12.04
	27.44	58.57 1:31.05 2:04.49			
	(27.44)	(31.13) (32.48) (33.44)			
1:57.40Y	F # 8	Male 11 & Over 200 Free	7	12	-4.12
	27.79	57.58 1:27.75 1:57.40			
	(27.79)	(29.79) (30.17) (29.65)			

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**Individual Meet Results**
**Exeter Sprints 04-Dec-09 to 05-Dec-09 Yards****Location: Philips Exeter Academy, Exeter NH****Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

Time	F/P/S	Event	Place	Points	Improv
25.08Y	F # 10	Male 11 & Over 50 Free	10	7	-0.19
1:06.11Y	F # 48	Male 100 Back	18	---	3.51
	32.23	1:06.11			
	(32.23)	(33.88)			
52.42Y	F # 52	Male 100 Free	9	9	-0.71
	25.46	52.42			
	(25.46)	(26.96)			
55.91Y	F # 56	Male 100 Fly	1	20	-0.30
	26.75	55.91			
	(26.75)	(29.16)			
2:12.78Y	F # 60	Male 200 IM	5	14	1.94
	27.29	1:02.42			
		1:42.88			
		2:12.78			
	(27.29)	(35.13)			(40.46)
					(29.90)
<b>Olivia Neville (8) F</b>					
22.64Y	F # 17	Female 8 & Under 25 Back	13	4	0.06
16.53Y	F # 23	Female 8 & Under 25 Free	1	19	-0.12
22.62Y	F # 29	Female 8 & Under 25 Fly	11	6	1.91
1:48.32Y DQ	F # 35	Female 8 & Under 100 IM	---	---	---
	51.57	1:48.32			
	(51.57)	(56.75)			
<b>Kathryn O'Neil (14) F</b>					
1:31.41Y	F # 15	Female 13-14 100 Breast	23	---	1.34
	43.51	1:31.41			
	(43.51)	(47.90)			
1:17.58Y	F # 21	Female 13-14 100 Back	18	---	0.43
	38.14	1:17.58			
	(38.14)	(39.44)			
1:08.37Y	F # 27	Female 13-14 100 Free	23	---	0.10
	33.47	1:08.37			
	(33.47)	(34.90)			
1:19.56Y	F # 33	Female 13-14 100 Fly	13	4	-2.76
	37.90	1:19.56			
	(37.90)	(41.66)			
2:48.08Y	F # 39	Female 13-14 200 IM	15	2	-0.06
	37.29	1:18.80			
		2:10.25			
		2:48.08			
	(37.29)	(41.51)			(51.45)
					(37.83)
<b>Emily Peach (11) F</b>					
46.64Y	F # 41	Female 11-12 50 Breast	40	---	-6.08
46.87Y	F # 45	Female 11-12 50 Back	58	---	-0.44
1:16.91Y	F # 49	Female 11-12 100 Free	35	---	-3.16
	36.89	1:16.91			
	(36.89)	(40.02)			
50.77Y	F # 53	Female 11-12 50 Fly	56	---	-0.05
1:37.08Y	F # 57	Female 11-12 100 IM	48	---	-3.44
	50.74	1:37.08			
	(50.74)	(46.34)			

**Individual Meet Results**

**Exeter Sprints 04-Dec-09 to 05-Dec-09 Yards**  
**Location: Philips Exeter Academy, Exeter NH**  
**Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

Time	F/P/S	Event	Place	Points	Improv
<b>Taylor Peach (13) M</b>					
1:59.87Y	F # 16	Male 13-14 100 Breast	27	---	-6.40
	59.13	1:59.87			
	(59.13)	(1:00.74)			
NS	F # 28	Male 13-14 100 Free	---	---	---
	(0.00)	(0.00)			
<b>McKenzie Phelps (8) F</b>					
23.42Y	F # 17	Female 8 & Under 25 Back	18	---	-0.80
22.09Y	F # 23	Female 8 & Under 25 Free	29	---	-2.19
<b>Kelsey Poremba (17) F</b>					
1:24.14Y	F # 43	Female 100 Breast	28	---	---
	39.94	1:24.14			
	(39.94)	(44.20)			
1:10.69Y	F # 47	Female 100 Back	12	5	-1.22
	34.12	1:10.69			
	(34.12)	(36.57)			
1:00.83Y	F # 51	Female 100 Free	14	3	---
	29.72	1:00.83			
	(29.72)	(31.11)			
2:31.90Y	F # 59	Female 200 IM	11	6	---
	31.27	1:10.18	1:56.59	2:31.90	
	(31.27)	(38.91)	(46.41)	(35.31)	
<b>Lindsey Poremba (14) F</b>					
1:30.60Y	F # 43	Female 100 Breast	41	---	-1.96
	24.53	1:30.60			
	(24.53)	(1:06.07)			
1:17.75Y	F # 47	Female 100 Back	34	---	---
	38.74	1:17.75			
	(38.74)	(39.01)			
1:07.18Y	F # 51	Female 100 Free	41	---	---
	32.68	1:07.18			
	(32.68)	(34.50)			
1:22.43Y	F # 55	Female 100 Fly	28	---	-5.45
	38.91	1:22.43			
	(38.91)	(43.52)			
2:48.20Y	F # 59	Female 200 IM	31	---	---
	38.11	1:20.37	2:11.23	2:48.20	
	(38.11)	(42.26)	(50.86)	(36.97)	
<b>Megan Poremba (11) F</b>					
45.92Y	F # 41	Female 11-12 50 Breast	36	---	---
42.29Y	F # 45	Female 11-12 50 Back	47	---	1.30
1:12.44Y	F # 49	Female 11-12 100 Free	19	---	---
	34.91	1:12.44			
	(34.91)	(37.53)			
43.01Y	F # 53	Female 11-12 50 Fly	39	---	1.31
1:29.66Y	F # 57	Female 11-12 100 IM	36	---	---
	42.05	1:29.66			
	(42.05)	(47.61)			

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**Individual Meet Results**
**Exeter Sprints 04-Dec-09 to 05-Dec-09 Yards****Location: Philips Exeter Academy, Exeter NH****Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Kayla Poulin (15) F</b>					
1:26.03Y	F # 43	Female 100 Breast	33	---	-0.93
	40.95	1:26.03			
	(40.95)	(45.08)			
1:23.18Y	F # 47	Female 100 Back	41	---	1.32
	41.65	1:23.18			
	(41.65)	(41.53)			
1:08.20Y	F # 51	Female 100 Free	49	---	0.69
	33.25	1:08.20			
	(33.25)	(34.95)			
1:26.09Y	F # 55	Female 100 Fly	33	---	0.66
	38.90	1:26.09			
	(38.90)	(47.19)			
2:48.68Y	F # 59	Female 200 IM	33	---	0.75
	37.70	1:22.39 2:11.16 2:48.68			
	(37.70)	(44.69) (48.77) (37.52)			
<b>Alaina Pribis (12) F</b>					
2:32.06Y	F # 1	Female 11 & Over 200 Back	15	2	-3.98
	36.31	1:14.78 1:54.10 2:32.06			
	(36.31)	(38.47) (39.32) (37.96)			
2:50.99Y	F # 3	Female 11 & Over 200 Breast	14	3	5.43
	38.99	1:22.35 2:06.79 2:50.99			
	(38.99)	(43.36) (44.44) (44.20)			
2:10.54Y	F # 7	Female 11 & Over 200 Free	7	12	1.33
	30.85	1:04.39 1:38.30 2:10.54			
	(30.85)	(33.54) (33.91) (32.24)			
28.87Y	F # 9	Female 11 & Over 50 Free	32	---	0.21
36.54Y	F # 41	Female 11-12 50 Breast	2	17	0.23
33.59Y	F # 45	Female 11-12 50 Back	6	13	-0.71
1:02.64Y	F # 49	Female 11-12 100 Free	5	14	2.61
	30.08	1:02.64			
	(30.08)	(32.56)			
34.92Y	F # 53	Female 11-12 50 Fly	12	5	3.48
1:14.83Y	F # 57	Female 11-12 100 IM	7	12	5.20
	36.23	1:14.83			
	(36.23)	(38.60)			
<b>Carter Pribis (16) M</b>					
2:04.19Y	F # 2	Male 11 & Over 200 Back	1	20	3.45
	28.73	1:00.25 1:32.80 2:04.19			
	(28.73)	(31.52) (32.55) (31.39)			
NS	F # 6	Male 11 & Over 200 Fly	---	---	---
	(0.00)	(0.00) (0.00) (0.00)			
1:49.44Y	F # 8	Male 11 & Over 200 Free	2	17	2.54
	25.21	53.59 1:22.10 1:49.44			
	(25.21)	(28.38) (28.51) (27.34)			
23.24Y	F # 10	Male 11 & Over 50 Free	3	16	0.76

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**Individual Meet Results**
**Exeter Sprints 04-Dec-09 to 05-Dec-09 Yards****Location: Philips Exeter Academy, Exeter NH****Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
1:07.76Y	F # 44 31.51 (31.51)	Male 100 Breast 1:07.76 (36.25)	2	17	1.69
55.73Y	F # 48 27.46 (27.46)	Male 100 Back 55.73 (28.27)	1	20	1.14
50.88Y	F # 52 24.30 (24.30)	Male 100 Free 50.88 (26.58)	4	15	0.91
57.36Y	F # 56 27.21 (27.21)	Male 100 Fly 57.36 (30.15)	4	15	0.44
2:04.68Y	F # 60 27.21 (27.21)	Male 200 IM 57.95 1:36.06 2:04.68 (30.74) (38.11) (28.62)	2	17	1.01
<b>Karam Sandhu (12) M</b>					
40.59Y	F # 42	Male 11-12 50 Breast	6	13	-0.29
36.40Y	F # 46	Male 11-12 50 Back	8	11	0.24
1:09.66Y	F # 50 32.95 (32.95)	Male 11-12 100 Free 1:09.66 (36.71)	9	9	0.88
37.36Y	F # 54	Male 11-12 50 Fly	11	6	0.70
1:20.10Y	F # 58 36.77 (36.77)	Male 11-12 100 IM 1:20.10 (43.33)	7	12	-0.73
<b>Milan Sandhu (15) M</b>					
2:13.92Y	F # 2 32.01 (32.01)	Male 11 & Over 200 Back 1:06.07 1:40.72 2:13.92 (34.06) (34.65) (33.20)	7	12	-4.01
2:12.28Y	F # 6 28.70 (28.70)	Male 11 & Over 200 Fly 1:01.54 1:36.16 2:12.28 (32.84) (34.62) (36.12)	3	16	0.93
1:54.89Y	F # 8 26.33 (26.33)	Male 11 & Over 200 Free 55.28 1:25.20 1:54.89 (28.95) (29.92) (29.69)	4	15	-0.83
24.88Y	F # 10	Male 11 & Over 50 Free	9	9	0.01
1:11.12Y	F # 44 33.69 (33.69)	Male 100 Breast 1:11.12 (37.43)	7	12	-0.92
1:03.09Y	F # 48 30.81 (30.81)	Male 100 Back 1:03.09 (32.28)	12	5	-0.30
53.28Y	F # 52 25.68 (25.68)	Male 100 Free 53.28 (27.60)	11	6	-0.20
59.10Y	F # 56 27.35 (27.35)	Male 100 Fly 59.10 (31.75)	5	14	0.41

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**Individual Meet Results**
**Exeter Sprints 04-Dec-09 to 05-Dec-09 Yards****Location: Philips Exeter Academy, Exeter NH****Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

Time	F/P/S	Event	Place	Points	Improv
2:13.23Y	F # 60	Male 200 IM	6	13	2.30
	27.93	1:02.76 1:42.95 2:13.23			
	(27.93)	(34.83) (40.19) (30.28)			
<b>Neelam Sandhu (10) F</b>					
47.42Y	F # 13	Female 9-10 50 Breast	19	---	-1.58
48.23Y	F # 19	Female 9-10 50 Back	35	---	1.23
37.50Y	F # 25	Female 9-10 50 Free	23	---	0.54
56.00Y	F # 31	Female 9-10 50 Fly	46	---	3.94
1:39.41Y	F # 37	Female 9-10 100 IM	27	---	4.26
	48.69	1:39.41			
	(48.69)	(50.72)			
<b>Aimee St. Germain (15) F</b>					
2:43.83Y	F # 1	Female 11 & Over 200 Back	31	---	---
	38.38	1:19.55 2:01.94 2:43.83			
	(38.38)	(41.17) (42.39) (41.89)			
2:17.02Y	F # 7	Female 11 & Over 200 Free	16	1	0.15
	31.95	1:06.53 1:41.80 2:17.02			
	(31.95)	(34.58) (35.27) (35.22)			
29.53Y	F # 9	Female 11 & Over 50 Free	38	---	-0.38
1:23.95Y	F # 43	Female 100 Breast	27	---	-0.89
	39.98	1:23.95			
	(39.98)	(43.97)			
1:17.72Y	F # 47	Female 100 Back	33	---	0.26
	37.94	1:17.72			
	(37.94)	(39.78)			
1:03.60Y	F # 51	Female 100 Free	25	---	-1.75
	30.90	1:03.60			
	(30.90)	(32.70)			
2:39.29Y	F # 59	Female 200 IM	21	---	---
	35.26	1:17.30 2:03.60 2:39.29			
	(35.26)	(42.04) (46.30) (35.69)			
<b>Rachel Tate-Cohen (7) F</b>					
29.19Y	F # 17	Female 8 & Under 25 Back	49	---	---
25.18Y	F # 23	Female 8 & Under 25 Free	43	---	---
<b>Noelle Theodoulou (10) F</b>					
45.67Y	F # 13	Female 9-10 50 Breast	12	5	-4.22
35.71Y	F # 19	Female 9-10 50 Back	2	17	-2.75
30.73Y	F # 25	Female 9-10 50 Free	3	16	0.10
33.99Y	F # 31	Female 9-10 50 Fly	1	20	-3.88
1:18.36Y	F # 37	Female 9-10 100 IM	1	20	1.29
	34.74	1:18.36			
	(34.74)	(43.62)			
<b>Kaitlin Turmel (9) F</b>					
48.93Y	F # 19	Female 9-10 50 Back	40	---	-5.36
42.50Y	F # 25	Female 9-10 50 Free	55	---	-2.39
54.76Y	F # 31	Female 9-10 50 Fly	44	---	-2.61

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**Individual Meet Results**

Exeter Sprints 04-Dec-09 to 05-Dec-09 Yards

Location: Philips Exeter Academy, Exeter NH

Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken

Time	F/P/S	Event	Place	Points	Improv
1:52.55Y	F # 37 54.91 (54.91)	Female 9-10 100 IM 1:52.55 (57.64)	41	---	-6.68
<b>Alana Westwater (15) F</b>					
2:30.93Y	F # 1 34.64 (34.64)	Female 11 & Over 200 Back 1:13.34 1:52.91 2:30.93 (38.70) (39.57) (38.02)	10	7	-5.91
3:03.23Y	F # 3 41.56 (41.56)	Female 11 & Over 200 Breast 1:28.86 2:17.78 3:03.23 (47.30) (48.92) (45.45)	25	---	-0.24
2:13.95Y	F # 7 29.95 (29.95)	Female 11 & Over 200 Free 1:04.62 1:40.64 2:13.95 (34.67) (36.02) (33.31)	15	2	-1.07
27.08Y	F # 9	Female 11 & Over 50 Free	4	15	-0.53
1:23.70Y	F # 43 39.15 (39.15)	Female 100 Breast 1:23.70 (44.55)	26	---	1.12
1:08.47Y	F # 47 32.58 (32.58)	Female 100 Back 1:08.47 (35.89)	7	12	-0.76
59.93Y	F # 51 28.67 (28.67)	Female 100 Free 59.93 (31.26)	7	12	-0.63
2:39.65Y	F # 59 32.96 (32.96)	Female 200 IM 1:13.73 2:03.65 2:39.65 (40.77) (49.92) (36.00)	22	---	---
<b>Kaelin Willette (12) F</b>					
39.96Y	F # 41	Female 11-12 50 Breast	10	7	-0.56
34.21Y	F # 45	Female 11-12 50 Back	9	9	0.56
1:02.53Y	F # 49 30.35 (30.35)	Female 11-12 100 Free 1:02.53 (32.18)	4	15	1.07
33.79Y	F # 53	Female 11-12 50 Fly	5	14	2.22
1:14.57Y	F # 57 34.49 (34.49)	Female 11-12 100 IM 1:14.57 (40.08)	5	14	2.16
<b>Olivia Wons (14) F</b>					
2:27.85Y	F # 1 34.93 (34.93)	Female 11 & Over 200 Back 1:11.58 1:49.55 2:27.85 (36.65) (37.97) (38.30)	7	12	1.49
2:56.79Y	F # 3 40.15 (40.15)	Female 11 & Over 200 Breast 1:25.31 2:11.79 2:56.79 (45.16) (46.48) (45.00)	19	---	-4.58
2:08.68Y	F # 7 29.68 (29.68)	Female 11 & Over 200 Free 1:02.39 1:35.95 2:08.68 (32.71) (33.56) (32.73)	4	15	1.66
28.07Y	F # 9	Female 11 & Over 50 Free	15	2	-0.17

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**Individual Meet Results****Exeter Sprints 04-Dec-09 to 05-Dec-09 Yards****Location: Philips Exeter Academy, Exeter NH****Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
1:20.66Y	F # 15 38.12 (38.12)	Female 13-14 100 Breast 1:20.66 (42.54)	5	14	-2.06
1:08.90Y	F # 21 33.65 (33.65)	Female 13-14 100 Back 1:08.90 (35.25)	3	16	0.32
1:00.04Y	F # 27 29.12 (29.12)	Female 13-14 100 Free 1:00.04 (30.92)	4	15	-0.09