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**Individual Meet Results**
**LCM 2011 GSSA Championships 05-Aug-11 to 06-Aug-11 LC Meters**
**Location: Raco Pool**
**Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

Time	F/P/S	Event	Place	Points	Improv
<b>Elizabeth Aldrich (14) F</b>					
29.50L	F # 3	Female 13-14 50 Free	1	20	0.28
1:04.84L	F # 65	Female 13-14 100 Free	1	20	0.72
1:12.43L	F # 81	Female 13-14 100 Fly	1	20	0.23
<b>Nicole Beals (13) F</b>					
2:32.65L	F # 19	Female 13-14 200 Free	4	15	-2.08
	1:13.36	2:32.65			
	(1:13.36)	(1:19.29)			
1:18.90L	F # 59	200 Medley Relay Lead Off	---	---	36.80
1:11.58L	F # 65	Female 13-14 100 Free	6	13	1.21
1:28.31L	F # 89	Female 13-14 100 Back	8	11	-0.72
<b>Sarah Beals (11) F</b>					
42.03L	F # 1	Female 11-12 50 Free	18	---	0.80
3:58.68L	F # 9	Female 11-12 200 IM	9	9	7.06
	1:59.12	3:58.68			
	(1:59.12)	(1:59.56)			
1:32.93L	F # 63	Female 11-12 100 Free	21	---	0.36
1:19.83L	F # 95	200 Free Relay Lead Off	---	---	38.60
<b>Katherine Berg (15) F</b>					
2:45.63L	F # 21A	Female 15-16 200 Free	12	5	-0.29
1:13.10L	F # 67A	Female 15-16 100 Free	10	7	-3.17
1:44.38L	F # 75A	Female 15-16 100 Breast	21	---	-7.95
<b>Kathleen Bolton (16) F</b>					
2:48.85L	F # 13A	Female 15-16 200 IM	4	15	5.67
	1:22.35	2:48.85			
	(1:22.35)	(1:26.50)			
2:29.53L	F # 21A	Female 15-16 200 Free	5	14	5.43
	1:11.96	2:29.53			
	(1:11.96)	(1:17.57)			
1:27.21L	F # 75A	Female 15-16 100 Breast	6	13	2.78
1:09.08L	F # 99	200 Free Relay Lead Off	---	---	36.79
<b>Zachary Bonte (14) M</b>					
2:53.54L	F # 12	Male 13-14 200 IM	3	16	-4.15
	1:24.24	2:53.54			
	(1:24.24)	(1:29.30)			
1:14.06L	F # 66	Male 13-14 100 Free	8	11	2.86
1:21.83L	F # 90	Male 13-14 100 Back	4	15	-1.71
<b>Haley Charest (16) F</b>					
3:05.27L	F # 13A	Female 15-16 200 IM	10	7	-1.26
	1:30.53	3:05.27			
	(1:30.53)	(1:34.74)			
1:16.63L	F # 67A	Female 15-16 100 Free	13	4	2.28
1:36.83L	F # 75A	Female 15-16 100 Breast	14	3	3.36
<b>Elisa Chen (12) F</b>					
1:33.59L	F # 63	Female 11-12 100 Free	22	---	3.63
54.85L	F # 71	Female 11-12 50 Breast	23	---	-0.11
49.56L	F # 79	Female 11-12 50 Fly	24	---	-1.94

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<b>Michael Chen (11) M</b>					
3:34.90L	DQ	F # 10 Male 11-12 200 IM	---	---	---
		1:43.41 3:34.90			
		(1:43.41) (1:51.49)			
1:28.33L	F # 58	200 Medley Relay Lead Off	---	---	41.93
55.19L	F # 72	Male 11-12 50 Breast	10	7	-3.95
45.85L	F # 80	Male 11-12 50 Fly	8	11	2.39
1:19.72L	F # 96	200 Free Relay Lead Off	---	---	41.64
<b>Olivia DeFreest (17) F</b>					
1:24.46L	F # 67B	Female 17-19 100 Free	16	1	1.93
1:56.97L	F # 75B	Female 17-19 100 Breast	8	11	8.42
1:37.96L	F # 91B	Female 17-19 100 Back	9	9	-0.38
<b>Christina Denbow (16) F</b>					
2:40.07L	F # 13A	Female 15-16 200 IM	1	20	0.85
		1:17.33 2:40.07			
		(1:17.33) (1:22.74)			
1:21.72L	F # 75A	Female 15-16 100 Breast	2	17	0.35
1:14.60L	F # 83A	Female 15-16 100 Fly	2	17	1.08
<b>Zachary Denbow (12) M</b>					
2:52.47L	F # 10	Male 11-12 200 IM	1	20	-0.55
		1:26.08 2:52.47			
		(1:26.08) (1:26.39)			
1:10.20L	F # 64	Male 11-12 100 Free	1	20	0.92
41.68L	F # 72	Male 11-12 50 Breast	1	20	0.32
<b>Katherine Donovan (18) F</b>					
2:39.11L	F # 21B	Female 17-19 200 Free	6	13	10.61
		1:15.56 2:39.11			
		(1:15.56) (1:23.55)			
1:13.22L	F # 67B	Female 17-19 100 Free	8	11	3.38
1:21.12L	F # 83B	Female 17-19 100 Fly	2	17	5.38
<b>Kelsey Ewing (17) F</b>					
2:33.44L	F # 13B	Female 17-19 200 IM	1	20	3.69
		1:11.21 2:33.44			
		(1:11.21) (1:22.23)			
1:27.17L	F # 75B	Female 17-19 100 Breast	1	20	3.46
1:13.72L	F # 91B	Female 17-19 100 Back	1	20	0.90
<b>Riley Ewing (15) M</b>					
2:30.44L	F # 14A	Male 15-16 200 IM	1	20	2.82
		1:08.67 2:30.44			
		(1:08.67) (1:21.77)			
1:11.41L	F # 62	200 Medley Relay Lead Off	---	---	37.23
1:08.59L	F # 84A	Male 15-16 100 Fly	4	15	1.74
1:10.65L	F # 92A	Male 15-16 100 Back	3	16	3.46
<b>Zachary Grimmatt (16) M</b>					
28.00L	F # 6A	Male 15-16 50 Free	3	16	-0.46
1:01.87L	F # 68A	Male 15-16 100 Free	4	15	-0.88
1:07.05L	F # 84A	Male 15-16 100 Fly	2	17	-5.79

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57.55L	F # 100	200 Free Relay Lead Off	---	---	29.09
<b>Cole Hogg (16) M</b>					
2:07.24L	F # 22A	Male 15-16 200 Free	1	20	5.05
	1:02.75	2:07.24			
	(1:02.75)	(1:04.49)			
57.03L	F # 68A	Male 15-16 100 Free	1	20	1.85
1:02.92L	F # 84A	Male 15-16 100 Fly	1	20	0.84
<b>Antony Hubbard (16) M</b>					
2:09.07L	F # 22A	Male 15-16 200 Free	2	17	3.04
	1:03.51	2:09.07			
	(1:03.51)	(1:05.56)			
57.92L	F # 68A	Male 15-16 100 Free	2	17	1.02
1:06.72L	F # 92A	Male 15-16 100 Back	1	20	0.09
<b>Kathleen Jenkins (11) F</b>					
3:06.30L	F # 9	Female 11-12 200 IM	3	16	0.60
	1:26.55	3:06.30			
	(1:26.55)	(1:39.75)			
1:31.53L	F # 57	200 Medley Relay Lead Off	---	---	52.31
1:14.45L	F # 63	Female 11-12 100 Free	5	14	0.75
34.31L	F # 79	Female 11-12 50 Fly	2	17	-0.58
<b>Jack Kramer (12) M</b>					
3:02.54L	F # 18	Male 11-12 200 Free	3	16	-7.16
	1:28.10	3:02.54			
	(1:28.10)	(1:34.44)			
1:21.86L	F # 64	Male 11-12 100 Free	5	14	-5.27
53.20L	F # 88	Male 11-12 50 Back	7	12	0.30
<b>Kathleen Lamontagne (18) F</b>					
30.92L	F # 5B	Female 17-19 50 Free	3	16	-0.15
2:28.40L	F # 21B	Female 17-19 200 Free	1	20	-1.82
	1:09.90	2:28.40			
	(1:09.90)	(1:18.50)			
1:23.33L	F # 61	200 Medley Relay Lead Off	---	---	43.80
1:08.14L	F # 67B	Female 17-19 100 Free	3	16	0.64
<b>Cary Lee (12) M</b>					
3:22.82L	F # 18	Male 11-12 200 Free	6	13	-3.62
	1:35.67	3:22.82			
	(1:35.67)	(1:47.15)			
1:33.37L	F # 64	Male 11-12 100 Free	9	9	2.34
59.15L	F # 72	Male 11-12 50 Breast	15	2	-3.66
<b>Matthew McKee (17) M</b>					
28.11L	F # 6B	Male 17-19 50 Free	6	13	-0.77
1:05.80L	F # 68B	Male 17-19 100 Free	11	6	0.77
1:13.41L	F # 84B	Male 17-19 100 Fly	4	15	1.81
<b>Danielle Morin (15) F</b>					
2:54.21L	F # 21A	Female 15-16 200 Free	14	3	15.89
1:17.74L	F # 67A	Female 15-16 100 Free	16	1	3.85
1:39.16L	F # 83A	Female 15-16 100 Fly	13	4	4.99

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Time	F/P/S	Event	Place	Points	Improv
<b>Elizabeth Morin (18) F</b>					
32.42L	F # 5B	Female 17-19 50 Free	6	13	0.03
1:13.12L	F # 67B	Female 17-19 100 Free	7	12	3.26
1:37.39L	F # 75B	Female 17-19 100 Breast	5	14	8.16
<b>Kathryn O'Neil (16) F</b>					
2:56.53L	F # 13A	Female 15-16 200 IM	5	14	-1.06
	1:25.47	2:56.53			
	(1:25.47)	(1:31.06)			
2:39.44L	F # 21A	Female 15-16 200 Free	7	12	4.17
	1:16.07	2:39.44			
	(1:16.07)	(1:23.37)			
1:20.77L	F # 61	200 Medley Relay Lead Off	---	---	39.98
1:23.49L	F # 91A	Female 15-16 100 Back	5	14	-1.91
1:05.27L	F # 99	200 Free Relay Lead Off	---	---	33.05
<b>Julia Poirier (11) F</b>					
1:53.32L	F # 57	200 Medley Relay Lead Off	---	---	60.88
1:31.87L	F # 63	Female 11-12 100 Free	20	---	1.97
57.66L	F # 71	Female 11-12 50 Breast	28	---	-1.45
50.40L	F # 79	Female 11-12 50 Fly	26	---	-2.27
<b>Kelsey Poremba (19) F</b>					
31.27L	F # 5B	Female 17-19 50 Free	5	14	-1.18
2:34.24L	F # 21B	Female 17-19 200 Free	4	15	-1.41
1:10.92L	F # 67B	Female 17-19 100 Free	5	14	0.83
1:04.39L	F # 99	200 Free Relay Lead Off	---	---	31.94
<b>Lindsey Poremba (15) F</b>					
2:44.57L	F # 21A	Female 15-16 200 Free	11	6	-1.12
1:14.81L	F # 67A	Female 15-16 100 Free	12	5	-0.88
1:26.96L	F # 83A	Female 15-16 100 Fly	8	11	-2.88
<b>Megan Poremba (13) F</b>					
2:50.46L	F # 19	Female 13-14 200 Free	9	9	5.79
	1:22.73	2:50.46			
	(1:22.73)	(1:27.73)			
1:16.54L	F # 65	Female 13-14 100 Free	11	6	-1.36
1:39.20L	F # 89	Female 13-14 100 Back	15	2	0.02
<b>Kayla Poulin (16) F</b>					
1:41.74L	F # 75A	Female 15-16 100 Breast	18	---	0.61
1:39.86L	F # 91A	Female 15-16 100 Back	13	4	5.69
<b>Alaina Pribis (14) F</b>					
2:17.85L	F # 19	Female 13-14 200 Free	1	20	2.99
	1:07.23	2:17.85			
	(1:07.23)	(1:10.62)			
1:05.73L	F # 65	Female 13-14 100 Free	2	17	1.56
1:22.72L	F # 73	Female 13-14 100 Breast	1	20	1.43
1:07.23L	F # 97	200 Free Relay Lead Off	---	---	36.80
<b>Carter Pribis (17) M</b>					
26.58L	F # 6B	Male 17-19 50 Free	1	20	0.43

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1:07.99L	F # 62	200 Medley Relay Lead Off	---	---	38.34
1:00.69L	F # 68B	Male 17-19 100 Free	1	20	3.51
1:09.09L	F # 92B	Male 17-19 100 Back	1	20	5.18
56.14L	F # 100	200 Free Relay Lead Off	---	---	29.99
<b>Karam Sandhu (14) M</b>					
2:51.11L	F # 12	Male 13-14 200 IM	2	17	-0.40
	1:20.20	2:51.11			
	(1:20.20)	(1:30.91)			
1:07.47L	F # 66	Male 13-14 100 Free	5	14	0.26
1:20.74L	F # 90	Male 13-14 100 Back	3	16	1.24
<b>Milan Sandhu (17) M</b>					
1:01.18L	F # 68B	Male 17-19 100 Free	3	16	0.83
1:06.68L	F # 84B	Male 17-19 100 Fly	1	20	1.69
1:15.04L	F # 92B	Male 17-19 100 Back	6	13	2.32
<b>Neelam Sandhu (12) F</b>					
3:43.75L	F # 9	Female 11-12 200 IM	7	12	0.34
	1:52.00	3:43.75			
	(1:52.00)	(1:51.75)			
1:26.65L	F # 63	Female 11-12 100 Free	15	2	4.09
49.56L	F # 71	Female 11-12 50 Breast	9	9	-0.81
<b>Aimee St. Germain (17) F</b>					
2:36.08L	F # 21B	Female 17-19 200 Free	5	14	-0.75
1:34.99L	F # 75B	Female 17-19 100 Breast	4	15	-0.38
1:31.90L	F # 83B	Female 17-19 100 Fly	10	7	5.67
<b>Laura St. Germain (11) F</b>					
33.87L	F # 1	Female 11-12 50 Free	3	16	0.19
3:04.30L	F # 17	Female 11-12 200 Free	6	13	1.39
	1:26.18	3:04.30			
	(1:26.18)	(1:38.12)			
1:20.25L	F # 63	Female 11-12 100 Free	8	11	3.31
<b>Noelle Theodoulou (12) F</b>					
2:28.86L	F # 17	Female 11-12 200 Free	1	20	1.35
	1:11.03	2:28.86			
	(1:11.03)	(1:17.83)			
1:07.38L	F # 63	Female 11-12 100 Free	1	20	0.89
31.76L	F # 79	Female 11-12 50 Fly	1	20	0.43
1:05.90L	F # 95	200 Free Relay Lead Off	---	---	35.73
<b>Nathan Thompson (19) M</b>					
28.02L	F # 6B	Male 17-19 50 Free	5	14	-0.62
1:01.46L	F # 68B	Male 17-19 100 Free	4	15	-2.59
1:14.31L	F # 92B	Male 17-19 100 Back	5	14	-5.03
<b>Alana Westwater (17) F</b>					
30.15L	F # 5B	Female 17-19 50 Free	2	17	0.93
1:07.04L	F # 67B	Female 17-19 100 Free	1	20	2.25
1:20.07L	F # 91B	Female 17-19 100 Back	2	17	0.86

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<b>Kaelin Willette (14) F</b>					
31.49L	F # 3	Female 13-14 50 Free	2	17	-0.13
1:10.23L	F # 65	Female 13-14 100 Free	4	15	0.14
1:24.58L	F # 89	Female 13-14 100 Back	4	15	0.79
<b>Olivia Wons (16) F</b>					
2:25.52L	F # 21A	Female 15-16 200 Free	3	16	1.57
	1:09.83	2:25.52			
	(1:09.83)	(1:15.69)			
1:14.46L	F # 61	200 Medley Relay Lead Off	---	---	-1.91
1:08.97L	F # 67A	Female 15-16 100 Free	5	14	2.86
1:17.55L	F # 91A	Female 15-16 100 Back	3	16	1.77