
Individual Meet Results
Manchester LCM Summer Invitational 01-Jul-11 to 02-Jul-11 LC Meters**Location: Raco Theodore Pool, Manchester, NH****Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

Time	F/P/S	Event	Place	Points	Improv
Elizabeth Aldrich (14) F					
10:44.35L	F # 7	Female 800 Free	3	---	-0.98
	1:13.82	2:35.04 3:57.54 5:20.66 6:43.65 8:06.38 9:27.29 10:44.35			
	(1:13.82)	(1:21.22) (1:22.50) (1:23.12) (1:22.99) (1:22.73) (1:20.91) (1:17.06)			
2:35.28L	F # 11	Female 200 Free	21	---	12.54
	1:13.67	2:35.28			
	(1:13.67)	(1:21.61)			
1:36.97L	F # 15	Female 100 Breast	26	---	7.42
2:50.05L	F # 23	Female 200 IM	10	---	9.00
	1:22.39	2:50.05			
	(1:22.39)	(1:27.66)			
1:09.81L	F # 27	Female 100 Free	16	---	4.45
1:15.32L	F # 31	Female 100 Fly	7	---	-1.09
3:13.18L	F # 39	Female 200 Breast	8	---	0.62
	1:35.63	3:13.18			
	(1:35.63)	(1:37.55)			
31.13L	F # 43	Female 50 Free	9	---	1.48
Nicole Beals (13) F					
11:01.11L	F # 7	Female 800 Free	7	---	-34.06
	1:17.26	2:40.46 4:04.26 5:28.11 6:51.37 8:14.82 9:38.27 11:01.11			
	(1:17.26)	(1:23.20) (1:23.80) (1:23.85) (1:23.26) (1:23.45) (1:23.45) (1:22.84)			
2:39.04L	F # 11	Female 200 Free	26	---	-0.31
	1:15.65	2:39.04			
	(1:15.65)	(1:23.39)			
1:32.08L	F # 19	Female 100 Back	37	---	3.05
3:07.91L	F # 23	Female 200 IM	26	---	2.42
	1:31.90	3:07.91			
	(1:31.90)	(1:36.01)			
1:13.78L	F # 27	Female 100 Free	28	---	-0.49
1:32.08L	F # 31	Female 100 Fly	23	---	-4.89
3:13.79L	F # 35	Female 200 Back	16	---	-4.08
	1:35.22	3:13.79			
	(1:35.22)	(1:38.57)			
32.46L	F # 43	Female 50 Free	26	---	-0.91
Sarah Beals (11) F					
3:51.62L	F # 3	Female 12 & Under 200 IM	20	---	---
	1:58.70	3:51.62			
	(1:58.70)	(1:52.92)			
3:15.61L	F # 13	Female 12 & Under 200 Free	17	---	---
	1:34.83	3:15.61			
	(1:34.83)	(1:40.78)			
1:53.93L	F # 21	Female 12 & Under 100 Back	17	---	-4.27
55.67L	F # 29	Female 12 & Under 50 Fly	17	---	-5.22
1:02.34L	F # 37	Female 12 & Under 50 Breast	27	---	-1.21

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Time	F/P/S	Event	Place	Points	Improv
Kathleen Bolton (16) F					
10:47.46L	F # 7	Female 800 Free	5	---	-29.70
	1:17.85	2:39.30 4:00.94 5:22.62 6:44.36 8:06.09 9:27.56 10:47.46			
	(1:17.85)	(1:21.45) (1:21.64) (1:21.68) (1:21.74) (1:21.73) (1:21.47) (1:19.90)			
2:39.23L	F # 11	Female 200 Free	30	---	9.41
	1:16.53	2:39.23			
	(1:16.53)	(1:22.70)			
1:30.84L	F # 15	Female 100 Breast	10	---	6.41
2:59.34L	F # 23	Female 200 IM	19	---	14.79
	1:28.43	2:59.34			
	(1:28.43)	(1:30.91)			
1:20.24L	F # 27	Female 100 Free	43	---	9.87
1:28.01L	F # 31	Female 100 Fly	19	---	8.99
3:14.43L	F # 39	Female 200 Breast	10	---	13.38
	1:35.83	3:14.43			
	(1:35.83)	(1:38.60)			
34.95L	F # 43	Female 50 Free	45	---	2.66
Matthew Bolton (18) M					
5:06.20L	F # 2	Male 400 Free	11	6	23.14
	1:11.53	2:30.14 3:49.71 5:06.20			
	(1:11.53)	(1:18.61) (1:19.57) (1:16.49)			
Zachary Bonte (14) M					
NS	F # 28	Male 100 Free	---	---	---
1:35.90L	F # 32	Male 100 Fly	13	---	5.32
3:06.53L	F # 36	Male 200 Back	5	---	-1.75
	1:31.74	3:06.53			
	(1:31.74)	(1:34.79)			
3:35.91L	F # 40	Male 200 Breast	4	---	---
	1:43.53	3:35.91			
	(1:43.53)	(1:52.38)			
32.61L	F # 44	Male 50 Free	18	---	-0.44
Haley Charest (16) F					
5:59.28L	F # 1	Female 400 Free	23	---	---
	1:25.25	2:56.93 4:29.45 5:59.28			
	(1:25.25)	(1:31.68) (1:32.52) (1:29.83)			
Elisa Chen (12) F					
3:43.90L	F # 3	Female 12 & Under 200 IM	15	---	-52.43
	1:48.55	3:43.90			
	(1:48.55)	(1:55.35)			
X 1:44.79L DQ	F # 21	Female 12 & Under 100 Back	---	---	---
1:39.80L	F # 25	Female 12 & Under 100 Free	20	---	9.84
47.38L	F # 33	Female 12 & Under 50 Back	13	---	2.40
43.07L	F # 41	Female 12 & Under 50 Free	20	---	1.44
Michael Chen (11) M					
3:11.01L	F # 14	Male 12 & Under 200 Free	5	---	-10.25
	1:32.19	3:11.01			
	(1:32.19)	(1:38.82)			

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Location: Raco Theodore Pool, Manchester, NH

Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken

Time	F/P/S	Event	Place	Points	Improv
2:06.15L	F # 18	Male 12 & Under 100 Breast	9	---	2.70
1:31.71L	F # 26	Male 12 & Under 100 Free	11	---	3.00
46.17L	F # 30	Male 12 & Under 50 Fly	9	---	-1.69
38.08L	F # 42	Male 12 & Under 50 Free	11	---	-2.65
Olivia DeFreest (17) F					
1:53.68L	F # 15	Female 100 Breast	36	---	5.13
1:38.95L DQ	F # 19	Female 100 Back	---	---	---
1:22.53L	F # 27	Female 100 Free	44	---	-0.39
Christina Denbow (16) F					
5:48.81L	F # 5	Female 400 IM	2	---	4.45
		1:15.03 2:47.56 4:23.45 5:48.81			
		(1:15.03) (1:32.53) (1:35.89) (1:25.36)			
2:39.06L	F # 11	Female 200 Free	27	---	14.29
		1:16.45 2:39.06			
		(1:16.45) (1:22.61)			
1:26.02L	F # 15	Female 100 Breast	6	---	4.65
2:50.84L	F # 23	Female 200 IM	12	---	10.70
		1:24.05 2:50.84			
		(1:24.05) (1:26.79)			
1:13.97L	F # 27	Female 100 Free	29	---	7.63
1:18.67L	F # 31	Female 100 Fly	12	---	5.15
3:00.03L	F # 39	Female 200 Breast	1	---	5.61
		1:27.48 3:00.03			
		(1:27.48) (1:32.55)			
31.72L	F # 43	Female 50 Free	18	---	0.48
Zachary Denbow (12) M					
5:28.08L	F # 2	Male 400 Free	17	---	-16.40
		1:17.29 2:40.41 4:05.15 5:28.08			
		(1:17.29) (1:23.12) (1:24.74) (1:22.93)			
11:24.74L	F # 8	Male 800 Free	8	---	---
		1:19.71 2:45.36 4:11.94 5:38.85 7:05.50 8:32.25 9:58.92 11:24.74			
		(1:19.71) (1:25.65) (1:26.58) (1:26.91) (1:26.65) (1:26.75) (1:26.67) (1:25.82)			
2:37.12L	F # 12	Male 200 Free	19	---	2.94
		1:15.79 2:37.12			
		(1:15.79) (1:21.33)			
43.30L	F # 38	Male 12 & Under 50 Breast	1	---	0.29
32.62L	F # 42	Male 12 & Under 50 Free	2	---	-0.58
Kelsey Ewing (17) F					
10:24.20L	F # 7	Female 800 Free	1	---	25.81
		1:12.33 2:30.18 3:49.15 5:08.96 6:28.04 7:46.84 9:06.44 10:24.20			
		(1:12.33) (1:17.85) (1:18.97) (1:19.81) (1:19.08) (1:18.80) (1:19.60) (1:17.76)			
2:25.58L	F # 11	Female 200 Free	5	---	14.51
		1:09.24 2:25.58			
		(1:09.24) (1:16.34)			
1:33.76L	F # 15	Female 100 Breast	15	---	10.05
1:19.87L	F # 19	Female 100 Back	8	---	5.75

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Time	F/P/S	Event	Place	Points	Improv
2:48.16L	F # 23	Female 200 IM	7	---	18.41
	1:18.90	2:48.16			
	(1:18.90)	(1:29.26)			
Riley Ewing (15) M					
10:10.14L	F # 8	Male 800 Free	5	---	-24.25
	1:08.29	2:24.91	3:42.30	5:01.05	6:19.29
	7:38.35	8:55.85	10:10.14		
	(1:08.29)	(1:16.62)	(1:17.39)	(1:18.75)	(1:18.24)
				(1:19.06)	(1:17.50)
					(1:14.29)
2:22.18L	F # 12	Male 200 Free	12	---	5.28
	1:08.00	2:22.18			
	(1:08.00)	(1:14.18)			
1:31.07L	F # 16	Male 100 Breast	10	---	2.85
1:13.32L	F # 20	Male 100 Back	4	---	2.57
2:39.15L	F # 24	Male 200 IM	7	---	5.63
	1:14.63	2:39.15			
	(1:14.63)	(1:24.52)			
Sarah Ferguson (9) F					
3:07.55L	F # 3	Female 12 & Under 200 IM	7	---	-67.79
	1:55.68	3:07.55			
	(1:55.68)	(1:11.87)			
3:24.55L	F # 13	Female 12 & Under 200 Free	19	---	-7.25
	1:39.28	3:24.55			
	(1:39.28)	(1:45.27)			
2:16.22L	F # 17	Female 12 & Under 100 Breast	27	---	-8.92
2:02.02L DQ	F # 21	Female 12 & Under 100 Back	---	---	---
1:38.89L	F # 25	Female 12 & Under 100 Free	18	---	-3.69
57.02L	F # 29	Female 12 & Under 50 Fly	19	---	---
53.23L	F # 33	Female 12 & Under 50 Back	19	---	-0.22
1:02.26L	F # 37	Female 12 & Under 50 Breast	26	---	-2.14
42.48L	F # 41	Female 12 & Under 50 Free	19	---	-1.36
Kathleen Golding (10) F					
5:22.50L	F # 1	Female 400 Free	7	---	13.73
	1:17.35	2:39.37	4:02.00	5:22.50	
	(1:17.35)	(1:22.02)	(1:22.63)	(1:20.50)	
2:54.75L	F # 3	Female 12 & Under 200 IM	1	---	7.23
	1:24.46	2:54.75			
	(1:24.46)	(1:30.29)			
2:32.76L	F # 13	Female 12 & Under 200 Free	1	---	7.18
	1:14.12	2:32.76			
	(1:14.12)	(1:18.64)			
1:22.90L	F # 21	Female 12 & Under 100 Back	3	---	1.09
38.69L	F # 33	Female 12 & Under 50 Back	2	---	0.43
46.84L	F # 37	Female 12 & Under 50 Breast	7	---	2.24
Molly Golding (8) F					
3:45.32L	F # 3	Female 12 & Under 200 IM	16	---	-20.17
	1:55.59	3:45.32			
	(1:55.59)	(1:49.73)			

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Time	F/P/S	Event	Place	Points	Improv
3:15.01L	F # 13 1:34.93 (1:34.93)	Female 12 & Under 200 Free 3:15.01 (1:40.08)	16	---	---
1:52.95L	F # 17	Female 12 & Under 100 Breast	13	4	0.20
1:30.80L	F # 25	Female 12 & Under 100 Free	15	---	4.00
52.93L	F # 29	Female 12 & Under 50 Fly	15	---	5.72
50.21L	F # 37	Female 12 & Under 50 Breast	11	---	-1.62
Allison Gown (7) F					
4:35.72L	F # 3 2:21.28 (2:21.28)	Female 12 & Under 200 IM 4:35.72 (2:14.44)	25	---	---
1:55.23L	F # 25	Female 12 & Under 100 Free	29	---	5.31
58.56L	F # 33	Female 12 & Under 50 Back	23	---	1.42
1:06.33L	F # 37	Female 12 & Under 50 Breast	33	---	2.50
53.12L	F # 41	Female 12 & Under 50 Free	33	---	4.70
Cole Hogg (16) M					
4:43.68L	F # 2 1:04.68 (1:04.68)	Male 400 Free 2:14.64 3:29.90 4:43.68 (1:09.96) (1:15.26) (1:13.78)	3	16	21.23
2:09.20L	F # 12 1:01.28 (1:01.28)	Male 200 Free 2:09.20 (1:07.92)	2	---	6.96
1:26.34L	F # 16	Male 100 Breast	7	---	4.01
2:30.30L	F # 24 1:09.07 (1:09.07)	Male 200 IM 2:30.30 (1:21.23)	2	---	9.64
59.41L	F # 28	Male 100 Free	1	---	4.23
1:06.09L	F # 32	Male 100 Fly	1	---	3.27
26.77L	F # 44	Male 50 Free	1	---	1.27
Antony Hubbard (16) M					
4:44.77L	F # 2 1:08.76 (1:08.76)	Male 400 Free 2:22.09 3:35.61 4:44.77 (1:13.33) (1:13.52) (1:09.16)	4	15	---
2:13.44L	F # 12 1:03.35 (1:03.35)	Male 200 Free 2:13.44 (1:10.09)	5	---	6.92
1:10.10L	F # 20	Male 100 Back	1	---	2.19
2:38.11L	F # 24 1:14.36 (1:14.36)	Male 200 IM 2:38.11 (1:23.75)	5	---	7.21
1:00.66L	F # 28	Male 100 Free	3	---	3.76
1:10.51L	F # 32	Male 100 Fly	2	---	4.27
2:39.88L	F # 36 1:16.75 (1:16.75)	Male 200 Back 2:39.88 (1:23.13)	1	---	12.02
27.88L	F # 44	Male 50 Free	6	---	0.75

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Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken

Time	F/P/S	Event	Place	Points	Improv
Kathleen Jenkins (11) F					
5:49.35L	F # 1	Female 400 Free	18	---	---
	1:22.79	2:54.13 4:23.70 5:49.35			
	(1:22.79)	(1:31.34) (1:29.57) (1:25.65)			
3:10.02L	F # 3	Female 12 & Under 200 IM	9	---	-6.58
	1:28.87	3:10.02			
	(1:28.87)	(1:41.15)			
2:45.91L	F # 13	Female 12 & Under 200 Free	5	---	-0.57
	1:20.73	2:45.91			
	(1:20.73)	(1:25.18)			
1:14.42L	F # 25	Female 12 & Under 100 Free	2	---	-0.84
36.80L	F # 29	Female 12 & Under 50 Fly	3	---	-1.21
41.86L	F # 33	Female 12 & Under 50 Back	5	---	1.83
34.14L	F # 41	Female 12 & Under 50 Free	6	---	-1.10
Jack Kramer (12) M					
3:09.70L	F # 14	Male 12 & Under 200 Free	4	---	---
	1:30.23	3:09.70			
	(1:30.23)	(1:39.47)			
2:00.85L	F # 18	Male 12 & Under 100 Breast	7	---	---
1:29.23L	F # 26	Male 12 & Under 100 Free	7	---	---
58.07L	F # 34	Male 12 & Under 50 Back	17	---	---
Kathleen Lamontagne (18) F					
11:06.25L	F # 7	Female 800 Free	8	---	---
	1:16.35	2:40.56 4:05.53 5:30.68 6:54.86 8:19.99 9:44.67 11:06.25			
	(1:16.35)	(1:24.21) (1:24.97) (1:25.15) (1:24.18) (1:25.13) (1:24.68) (1:21.58)			
2:30.22L	F # 11	Female 200 Free	15	---	-0.37
	1:12.03	2:30.22			
	(1:12.03)	(1:18.19)			
1:22.82L	F # 19	Female 100 Back	18	---	-0.36
2:58.92L	F # 23	Female 200 IM	18	---	5.01
	1:26.84	2:58.92			
	(1:26.84)	(1:32.08)			
1:09.12L	F # 27	Female 100 Free	9	---	1.62
2:59.26L	F # 35	Female 200 Back	8	---	5.97
	1:27.51	2:59.26			
	(1:27.51)	(1:31.75)			
31.07L	F # 43	Female 50 Free	8	---	-0.57
Kerianne Lamontagne (19) F					
6:12.49L	F # 1	Female 400 Free	28	---	---
	1:20.00	2:53.69 4:32.92 6:12.49			
	(1:20.00)	(1:33.69) (1:39.23) (1:39.57)			
Cary Lee (12) M					
3:52.01L DQ	F # 4	Male 12 & Under 200 IM	---	---	---
	1:56.99	3:52.01			
	(1:56.99)	(1:55.02)			
2:03.03L	F # 18	Male 12 & Under 100 Breast	8	---	-26.22
1:31.03L	F # 26	Male 12 & Under 100 Free	10	---	-16.14

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Time	F/P/S	Event	Place	Points	Improv
53.48L	F # 34	Male 12 & Under 50 Back	15	---	-6.75
1:02.81L	F # 38	Male 12 & Under 50 Breast	9	---	-1.67
42.46L	F # 42	Male 12 & Under 50 Free	17	---	-5.40
Taylor Lee (10) F					
4:07.42L	F # 3	Female 12 & Under 200 IM	21	---	---
	2:07.45	4:07.42			
	(2:07.45)	(1:59.97)			
2:03.11L	F # 17	Female 12 & Under 100 Breast	17	---	-11.31
1:38.90L	F # 25	Female 12 & Under 100 Free	19	---	-16.46
52.73L	F # 33	Female 12 & Under 50 Back	18	---	-11.94
44.43L	F # 41	Female 12 & Under 50 Free	21	---	-4.05
Matthew McKee (17) M					
5:53.22L	F # 2	Male 400 Free	24	---	---
	1:15.63	2:46.58	4:21.41	5:53.22	
	(1:15.63)	(1:30.95)	(1:34.83)	(1:31.81)	
2:40.99L	F # 12	Male 200 Free	20	---	6.04
	1:14.39	2:40.99			
	(1:14.39)	(1:26.60)			
1:30.41L	F # 20	Male 100 Back	15	---	3.79
1:10.15L	F # 28	Male 100 Free	18	---	5.12
1:18.89L	F # 32	Male 100 Fly	8	---	7.29
30.72L	F # 44	Male 50 Free	13	---	1.84
Danielle Morin (15) F					
5:57.09L	F # 1	Female 400 Free	22	---	---
	1:23.53	2:55.91	4:28.32	5:57.09	
	(1:23.53)	(1:32.38)	(1:32.41)	(1:28.77)	
6:47.30L	F # 5	Female 400 IM	10	---	---
	1:38.39	3:20.57	5:17.76	6:47.30	
	(1:38.39)	(1:42.18)	(1:57.19)	(1:29.54)	
Elizabeth Morin (17) F					
2:49.86L	F # 11	Female 200 Free	42	---	17.51
	1:20.56	2:49.86			
	(1:20.56)	(1:29.30)			
Olivia Neville (10) F					
NS	F # 3	Female 12 & Under 200 IM	---	---	---
	(0.00)	(0.00)			
2:59.44L	F # 13	Female 12 & Under 200 Free	10	---	---
	1:24.44	2:59.44			
	(1:24.44)	(1:35.00)			
1:46.99L	F # 21	Female 12 & Under 100 Back	12	---	-35.01
45.81L	F # 29	Female 12 & Under 50 Fly	13	---	-5.30
37.47L	F # 41	Female 12 & Under 50 Free	11	---	-1.69
Samuel Neville (6) M					
2:00.77L	F # 34	Male 12 & Under 50 Back	23	---	---
1:42.70L	F # 42	Male 12 & Under 50 Free	25	---	---

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Time	F/P/S	Event	Place	Points	Improv
Kathryn O'Neil (15) F					
5:37.42L	F # 1	Female 400 Free	12	---	---
	1:20.98	2:49.88 4:17.56 5:37.42			
	(1:20.98)	(1:28.90) (1:27.68) (1:19.86)			
12:04.82L	F # 7	Female 800 Free	14	---	2.58
	1:26.15	2:58.23 4:31.43 6:04.71 7:37.43 9:09.21 10:40.16 12:04.82			
	(1:26.15)	(1:32.08) (1:33.20) (1:33.28) (1:32.72) (1:31.78) (1:30.95) (1:24.66)			
2:42.21L	F # 11	Female 200 Free	36	---	2.45
	1:18.36	2:42.21			
	(1:18.36)	(1:23.85)			
1:27.19L	F # 19	Female 100 Back	30	---	-0.49
3:07.61L	F # 23	Female 200 IM	25	---	0.68
	1:31.30	3:07.61			
	(1:31.30)	(1:36.31)			
1:14.41L	F # 27	Female 100 Free	31	---	2.32
3:10.89L	F # 35	Female 200 Back	15	---	-1.85
	1:34.68	3:10.89			
	(1:34.68)	(1:36.21)			
33.90L	F # 43	Female 50 Free	39	---	0.70
Kelsey Poremba (19) F					
5:23.72L	F # 1	Female 400 Free	9	---	---
	1:16.43	2:40.96 4:05.24 5:23.72			
	(1:16.43)	(1:24.53) (1:24.28) (1:18.48)			
2:35.65L	F # 11	Female 200 Free	22	---	---
	1:12.94	2:35.65			
	(1:12.94)	(1:22.71)			
1:23.09L	F # 19	Female 100 Back	19	---	0.07
2:56.87L	F # 23	Female 200 IM	17	---	-0.69
	1:23.30	2:56.87			
	(1:23.30)	(1:33.57)			
Lindsey Poremba (15) F					
12:02.79L	F # 7	Female 800 Free	13	---	0.85
	1:23.33	2:54.76 4:26.98 5:59.76 7:33.10 9:05.75 10:37.86 12:02.79			
	(1:23.33)	(1:31.43) (1:32.22) (1:32.78) (1:33.34) (1:32.65) (1:32.11) (1:24.93)			
2:45.69L	F # 11	Female 200 Free	40	---	---
	1:18.34	2:45.69			
	(1:18.34)	(1:27.35)			
1:27.46L	F # 19	Female 100 Back	31	---	---
3:04.76L	F # 23	Female 200 IM	24	---	-1.95
	1:29.26	3:04.76			
	(1:29.26)	(1:35.50)			
1:17.07L	F # 27	Female 100 Free	38	---	1.38
1:30.34L	F # 31	Female 100 Fly	21	---	-3.40
3:07.81L	F # 35	Female 200 Back	14	---	0.82
	1:33.06	3:07.81			
	(1:33.06)	(1:34.75)			
34.87L	F # 43	Female 50 Free	44	---	-1.91

Individual Meet Results

Manchester LCM Summer Invitational 01-Jul-11 to 02-Jul-11 LC Meters

Location: Raco Theodore Pool, Manchester, NH

Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken

Time	F/P/S	Event	Place	Points	Improv
Megan Poremba (12) F					
5:35.42L	F # 1	Female 400 Free	11	---	---
	1:18.08	2:43.00 4:09.88 5:35.42			
	(1:18.08)	(1:24.92) (1:26.88) (1:25.54)			
3:16.39L	F # 3	Female 12 & Under 200 IM	10	---	-18.79
	1:38.84	3:16.39			
	(1:38.84)	(1:37.55)			
2:44.67L	F # 13	Female 12 & Under 200 Free	4	---	---
	1:19.65	2:44.67			
	(1:19.65)	(1:25.02)			
1:39.18L	F # 21	Female 12 & Under 100 Back	10	---	-7.31
49.48L	F # 37	Female 12 & Under 50 Breast	10	---	-7.67
34.43L	F # 41	Female 12 & Under 50 Free	8	---	-4.39
Kayla Poulin (16) F					
2:53.91L	F # 11	Female 200 Free	45	---	2.08
	1:21.73	2:53.91			
	(1:21.73)	(1:32.18)			
1:41.13L	F # 15	Female 100 Breast	32	---	-4.58
1:18.99L	F # 27	Female 100 Free	42	---	-1.27
3:44.04L	F # 39	Female 200 Breast	19	---	-3.63
	1:49.86	3:44.04			
	(1:49.86)	(1:54.18)			
36.06L	F # 43	Female 50 Free	51	---	-0.09
Alaina Pribis (14) F					
19:55.52L	F # 9	Female 1500 Free	2	---	-94.96
	1:12.84	2:31.69 3:51.12 5:11.17 6:31.88 7:51.85 9:12.50 10:33.47			
	(1:12.84)	(1:18.85) (1:19.43) (1:20.05) (1:20.71) (1:19.97) (1:20.65) (1:20.97)			
	11:54.56	13:15.94 14:37.81 15:58.81 17:19.43 18:38.82 19:55.52			
	(1:21.09)	(1:21.38) (1:21.87) (1:21.00) (1:20.62) (1:19.39) (1:16.70)			
2:22.06L	F # 11	Female 200 Free	3	---	0.93
	1:09.16	2:22.06			
	(1:09.16)	(1:12.90)			
1:32.40L	F # 15	Female 100 Breast	12	---	6.13
1:25.13L	F # 19	Female 100 Back	22	---	6.62
2:51.94L	F # 23	Female 200 IM	14	---	7.09
	1:25.74	2:51.94			
	(1:25.74)	(1:26.20)			
1:10.88L	F # 27	Female 100 Free	19	---	4.78
3:01.01L	F # 35	Female 200 Back	9	---	14.47
	1:28.53	3:01.01			
	(1:28.53)	(1:32.48)			
3:10.71L	F # 39	Female 200 Breast	6	---	1.18
	1:33.00	3:10.71			
	(1:33.00)	(1:37.71)			
32.86L	F # 43	Female 50 Free	29	---	2.43

Individual Meet Results
Manchester LCM Summer Invitational 01-Jul-11 to 02-Jul-11 LC Meters**Location: Raco Theodore Pool, Manchester, NH****Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

Time	F/P/S	Event	Place	Points	Improv
Karam Sandhu (14) M					
5:24.10L	F # 2	Male 400 Free	16	1	-41.85
	1:14.48	2:37.02		5:24.10	
	(1:14.48)	(1:22.54)		(1:57.02)	(5:24.10)
2:30.34L	F # 12	Male 200 Free	15	---	-1.46
	1:11.35	2:30.34			
	(1:11.35)	(1:18.99)			
1:35.07L	F # 16	Male 100 Breast	12	---	-4.92
1:20.48L	F # 20	Male 100 Back	12	---	0.92
1:09.44L	F # 28	Male 100 Free	17	---	-6.08
DQ	F # 44	Male 50 Free	---	---	---
Milan Sandhu (17) M					
5:04.75L	F # 2	Male 400 Free	10	7	9.02
	1:10.00	2:28.52		3:48.25	5:04.75
	(1:10.00)	(1:18.52)		(1:19.73)	(1:16.50)
Neelam Sandhu (12) F					
3:50.92L	F # 3	Female 12 & Under 200 IM	19	---	1.70
	1:55.31	3:50.92			
	(1:55.31)	(1:55.61)			
1:48.58L	F # 17	Female 12 & Under 100 Breast	11	6	-8.15
1:26.96L	F # 25	Female 12 & Under 100 Free	13	---	-2.80
48.67L	F # 33	Female 12 & Under 50 Back	14	---	-0.19
37.93L	F # 41	Female 12 & Under 50 Free	13	---	-0.49
Aimee St. Germain (17) F					
5:39.08L	F # 1	Female 400 Free	16	---	---
	1:17.79	2:43.74		4:12.55	5:39.08
	(1:17.79)	(1:25.95)		(1:28.81)	(1:26.53)
2:41.85L	F # 11	Female 200 Free	34	---	0.88
	1:17.75	2:41.85			
	(1:17.75)	(1:24.10)			
1:36.31L	F # 15	Female 100 Breast	23	---	---
1:38.47L	F # 19	Female 100 Back	42	---	8.91
1:15.96L	F # 27	Female 100 Free	36	---	1.96
3:21.82L	F # 35	Female 200 Back	17	---	5.76
	1:37.64	3:21.82			
	(1:37.64)	(1:44.18)			
35.20L	F # 43	Female 50 Free	47	---	---
Laura St. Germain (11) F					
3:41.47L	F # 3	Female 12 & Under 200 IM	14	---	---
	1:43.38	3:41.47			
	(1:43.38)	(1:58.09)			
1:48.89L	F # 17	Female 12 & Under 100 Breast	12	5	-2.83
1:19.02L	F # 25	Female 12 & Under 100 Free	6	---	2.08
50.55L	F # 33	Female 12 & Under 50 Back	15	---	2.58
33.68L	F # 41	Female 12 & Under 50 Free	4	---	-0.97
Thayne Stewart (10) F					
2:13.11L	F # 25	Female 12 & Under 100 Free	34	---	-1.28

Individual Meet Results
Manchester LCM Summer Invitational 01-Jul-11 to 02-Jul-11 LC Meters**Location: Raco Theodore Pool, Manchester, NH****Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

Time	F/P/S	Event	Place	Points	Improv
1:03.30L	F # 33	Female 12 & Under 50 Back	28	---	-2.33
1:03.43L	F # 41	Female 12 & Under 50 Free	42	---	9.48
Noelle Theodoulou (12) F					
2:57.36L	F # 3	Female 12 & Under 200 IM	3	---	-10.91
	1:19.75	2:57.36			
	(1:19.75)	(1:37.61)			
2:33.82L	F # 13	Female 12 & Under 200 Free	2	---	3.36
	1:13.85	2:33.82			
	(1:13.85)	(1:19.97)			
1:26.18L	F # 21	Female 12 & Under 100 Back	4	---	0.39
33.36L	F # 29	Female 12 & Under 50 Fly	1	---	-2.12
31.08L	F # 41	Female 12 & Under 50 Free	1	---	-1.40
Alana Westwater (17) F					
5:41.50L	F # 1	Female 400 Free	17	---	---
	1:17.11	2:46.10	4:16.17	5:41.50	
	(1:17.11)	(1:28.99)	(1:30.07)	(1:25.33)	
2:38.22L	F # 11	Female 200 Free	25	---	4.01
	1:14.44	2:38.22			
	(1:14.44)	(1:23.78)			
1:22.29L	F # 19	Female 100 Back	16	---	3.08
1:09.52L	F # 27	Female 100 Free	12	---	4.73
3:00.78L DQ	F # 35	Female 200 Back	---	---	---
	1:27.70	3:00.78			
	(1:27.70)	(1:33.08)			
31.19L	F # 43	Female 50 Free	10	---	1.97
Kaelin Willette (14) F					
5:54.13L	F # 1	Female 400 Free	21	---	---
	1:19.47	2:48.41	4:21.17	5:54.13	
	(1:19.47)	(1:28.94)	(1:32.76)	(1:32.96)	
2:43.42L	F # 11	Female 200 Free	38	---	-0.45
	1:16.04	2:43.42			
	(1:16.04)	(1:27.38)			
1:25.85L	F # 19	Female 100 Back	24	---	2.06
1:11.38L	F # 27	Female 100 Free	22	---	1.01
DQ	F # 35	Female 200 Back	---	---	---
	1:33.12				
	(1:33.12)	(93.12)			
31.62L	F # 43	Female 50 Free	16	---	-0.11
Olivia Wons (16) F					
2:31.68L	F # 11	Female 200 Free	17	---	7.73
	1:12.08	2:31.68			
	(1:12.08)	(1:19.60)			
1:35.20L	F # 15	Female 100 Breast	19	---	-0.81
1:20.39L	F # 19	Female 100 Back	11	---	4.61
1:09.82L	F # 27	Female 100 Free	17	---	3.71

Individual Meet Results

Manchester LCM Summer Invitational 01-Jul-11 to 02-Jul-11 LC Meters

Location: Raco Theodore Pool, Manchester, NH

Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken

Time	F/P/S	Event	Place	Points	Improv
2:51.46L	F # 35 1:24.01 (1:24.01)	Female 200 Back 2:51.46 (1:27.45)	5	---	8.55
32.05L	F # 43	Female 50 Free	21	---	0.73