

Individual Meet Results

MST Team Specialty Meet 15-Jul-11 to 17-Jul-11 LC Meters
Location: Raco Pool, Manchester NH
Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken

Time	F/P/S	Event	Place	Points	Improv
Elizabeth Aldrich (14) F					
6:01.03L	F # 1	Female 400 IM	5	---	5.98
		3:00.00 4:45.31 6:03.21			
	(0.00)	(3:00.00) (1:45.31) (1:17.90)			
2:45.75L	F # 7	Female 200 IM	3	---	4.70
		1:20.45 2:46.76			
	(1:20.45)	(1:26.31)			
2:56.48L	F # 11	Female 200 Back	7	---	-11.27
		1:26.81 2:57.55			
	(1:26.81)	(1:30.74)			
2:39.43L	F # 19	Female 200 Fly	1	---	-27.99
		1:15.16 2:40.40			
	(1:15.16)	(1:25.24)			
1:05.15L	F # 23	Female 100 Free	1	---	-0.21
5:18.31L	F # 27	Female 400 Free	4	---	15.24
		1:14.18 2:35.22 3:57.91 5:20.24			
	(1:14.18)	(1:21.04) (1:22.69) (1:22.33)			
1:12.47L	F # 31	Female 100 Fly	1	---	-1.66
2:23.76L	F # 35	Female 200 Free	3	---	1.02
		1:10.15 2:24.63			
	(1:10.15)	(1:14.48)			
3:19.68L	F # 39	Female 200 Breast	6	---	7.12
		1:37.66 3:20.89			
	(1:37.66)	(1:43.23)			
30.53L	F # 47	Female 50 Free	2	---	0.88
1:08.68L	F # 51	400 Free Relay Lead Off	---	---	3.32
Katherine Aldrich (17) F					
1:20.94L	F # 43	Female 100 Back	4	---	8.69
32.49L	F # 47	Female 50 Free	14	---	2.26
Nicole Beals (13) F					
11:14.74L	F # 3	Female 800 Free	4	---	13.63
		1:19.86 2:46.29 4:11.20 5:36.25 7:02.24 8:28.59 9:55.80 11:18.82			
	(1:19.86)	(1:26.43) (1:24.91) (1:25.05) (1:25.99) (1:26.35) (1:27.21) (1:23.02)			
3:03.86L	F # 7	Female 200 IM	17	---	-1.63
		1:29.95 3:04.97			
	(1:29.95)	(1:35.02)			
3:09.23L	F # 11	Female 200 Back	15	---	-4.56
		1:33.64 3:10.38			
	(1:33.64)	(1:36.74)			
1:41.19L	F # 15	Female 100 Breast	24	---	-14.15
1:10.37L	F # 23	Female 100 Free	10	---	-3.41
5:24.41L	F # 27	Female 400 Free	7	---	---
		1:17.38 2:41.43 4:04.82 5:26.37			
	(1:17.38)	(1:24.05) (1:23.39) (1:21.55)			
1:27.28L	F # 31	Female 100 Fly	11	---	-4.80

Individual Meet Results

MST Team Specialty Meet 15-Jul-11 to 17-Jul-11 LC Meters

Location: Raco Pool, Manchester NH

Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken

Time	F/P/S	Event	Place	Points	Improv
2:34.73L	F # 35	Female 200 Free	11	---	-4.31
	1:14.87	2:35.67			
	(1:14.87)	(1:20.80)			
1:30.42L	F # 43	Female 100 Back	20	---	1.39
31.13L	F # 47	Female 50 Free	4	---	-1.33
Sarah Beals (11) F					
3:59.69L	F # 9	Female 12 & Under 200 IM	13	---	8.07
	2:01.89	4:01.14			
	(2:01.89)	(1:59.25)			
1:59.72L	F # 13	Female 12 & Under 100 Back	15	---	5.79
2:13.55L	F # 17	Female 12 & Under 100 Breast	20	---	-14.81
41.23L	F # 25	Female 12 & Under 50 Free	19	---	-1.49
3:16.37L	F # 29	Female 12 & Under 200 Free	17	---	0.76
	1:36.33	3:17.56			
	(1:36.33)	(1:41.23)			
1:32.57L	F # 37	Female 12 & Under 100 Free	23	---	-6.92
59.24L	F # 41	Female 12 & Under 50 Breast	24	---	-3.10
51.84L	F # 45	Female 12 & Under 50 Back	23	---	-3.63
Katherine Berg (14) F					
3:26.84L	F # 7	Female 200 IM	29	---	-16.75
	1:42.72	3:28.09			
	(1:42.72)	(1:45.37)			
1:18.45L	F # 23	Female 100 Free	30	---	2.18
6:05.34L	F # 27	Female 400 Free	15	---	-0.22
	13:05.79	14:40.08	17:47.01	6:07.55	
	(13:05.79)	(1:34.29)	(3:06.93)	(6:07.55)	
2:49.24L	F # 35	Female 200 Free	23	---	3.32
	1:20.24	2:50.27			
	(1:20.24)	(1:30.03)			
1:39.35L	F # 43	Female 100 Back	24	---	-5.81
33.89L	F # 47	Female 50 Free	21	---	-1.17
Kathleen Bolton (16) F					
NS	F # 1	Female 400 IM	---	---	---
	(0.00)	(0.00) (0.00) (0.00)			
NS	F # 27	Female 400 Free	---	---	---
	(0.00)	(0.00) (0.00) (0.00)			
2:38.44L	F # 35	Female 200 Free	14	---	9.71
	1:19.11	2:39.40			
	(1:19.11)	(1:20.29)			
3:16.02L	F # 39	Female 200 Breast	4	---	14.97
	1:35.37	3:17.21			
	(1:35.37)	(1:41.84)			
NS	F # 43	Female 100 Back	---	---	---
NS	F # 47	Female 50 Free	---	---	---

Individual Meet Results

MST Team Specialty Meet 15-Jul-11 to 17-Jul-11 LC Meters

Location: Raco Pool, Manchester NH

Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken

Time	F/P/S	Event	Place	Points	Improv
Zachary Bonte (14) M					
11:12.73L	F # 4	Male 800 Free	6	---	---
	1:19.27	2:45.69 4:12.92 5:39.06 7:05.63 8:30.61 9:55.80 11:16.80			
	(1:19.27)	(1:26.42) (1:27.23) (1:26.14) (1:26.57) (1:24.98) (1:25.19) (1:21.00)			
2:57.69L	F # 8	Male 200 IM	12	---	-0.12
	1:26.95	2:58.77			
	(1:26.95)	(1:31.82)			
2:57.79L	F # 12	Male 200 Back	9	---	1.45
	1:27.63	2:58.87			
	(1:27.63)	(1:31.24)			
1:38.75L	F # 16	Male 100 Breast	10	---	3.60
1:14.23L	F # 24	Male 100 Free	18	---	3.03
5:28.17L	F # 28	Male 400 Free	9	---	---
	1:20.27	2:45.61 4:09.85 5:30.16			
	(1:20.27)	(1:25.34) (1:24.24) (1:20.31)			
2:38.99L	F # 36	Male 200 Free	16	---	10.35
	1:17.17	2:39.95			
	(1:17.17)	(1:22.78)			
1:25.06L	F # 44	Male 100 Back	18	---	1.52
32.99L	F # 48	Male 50 Free	20	---	0.38
Haley Charest (16) F					
11:53.51L	F # 3	Female 800 Free	7	---	---
	1:25.46	2:56.47 4:28.96 6:01.51 7:32.27 9:03.06 10:31.89 11:57.82			
	(1:25.46)	(1:31.01) (1:32.49) (1:32.55) (1:30.76) (1:30.79) (1:28.83) (1:25.93)			
3:06.53L	F # 7	Female 200 IM	21	---	-1.56
	1:32.47	3:07.66			
	(1:32.47)	(1:35.19)			
1:35.98L	F # 15	Female 100 Breast	15	---	2.51
1:16.10L	F # 23	Female 100 Free	24	---	1.75
NS	F # 27	Female 400 Free	---	---	---
	(0.00)	(0.00) (0.00) (0.00) (0.00)			
2:46.88L	F # 35	Female 200 Free	21	---	-2.13
	1:20.79	2:47.89			
	(1:20.79)	(1:27.10)			
3:27.03L	F # 39	Female 200 Breast	12	---	0.53
	1:40.10	3:28.28			
	(1:40.10)	(1:48.18)			
NS	F # 43	Female 100 Back	---	---	---
35.27L	F # 47	Female 50 Free	29	---	0.30
Elisa Chen (12) F					
3:49.81L DQ	F # 9	Female 12 & Under 200 IM	---	---	---
	1:50.64	3:51.20			
	(1:50.64)	(2:00.56)			
1:47.33L	F # 13	Female 12 & Under 100 Back	9	---	9.14
2:04.71L	F # 17	Female 12 & Under 100 Breast	16	---	5.06
43.97L	F # 25	Female 12 & Under 50 Free	27	---	3.02

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MST Team Specialty Meet 15-Jul-11 to 17-Jul-11 LC Meters
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Time	F/P/S	Event	Place	Points	Improv
3:31.64L	F # 29	Female 12 & Under 200 Free	22	---	9.72
	1:41.60	3:32.92			
	(1:41.60)	(1:51.32)			
1:39.40L	F # 37	Female 12 & Under 100 Free	29	---	9.44
55.66L	F # 41	Female 12 & Under 50 Breast	18	---	0.70
47.45L	F # 45	Female 12 & Under 50 Back	16	---	2.47
Michael Chen (11) M					
3:40.86L	F # 10	Male 12 & Under 200 IM	4	---	---
	1:44.54	3:42.20			
	(1:44.54)	(1:57.66)			
2:00.96L	F # 18	Male 12 & Under 100 Breast	9	---	-2.49
44.91L	F # 22	Male 12 & Under 50 Fly	5	---	1.45
39.99L	F # 26	Male 12 & Under 50 Free	11	---	1.91
Olivia DeFreest (17) F					
1:53.86L	F # 15	Female 100 Breast	33	---	5.31
1:28.49L	F # 23	Female 100 Free	38	---	5.96
Christina Denbow (16) F					
5:49.59L	F # 1	Female 400 IM	2	---	5.23
	1:15.71	2:52.71	4:30.30	5:51.71	
	(1:15.71)	(1:37.00)	(1:37.59)	(1:21.41)	
2:45.98L	F # 7	Female 200 IM	4	---	5.84
	1:21.32	2:46.99			
	(1:21.32)	(1:25.67)			
1:23.18L	F # 15	Female 100 Breast	2	---	1.81
1:08.88L	F # 23	Female 100 Free	6	---	2.54
NS	F # 27	Female 400 Free	---	---	---
	(0.00)	(0.00)	(0.00)	(0.00)	
1:14.71L	F # 31	Female 100 Fly	3	---	1.19
2:31.21L	F # 35	Female 200 Free	7	---	6.44
	1:13.05	2:32.13			
	(1:13.05)	(1:19.08)			
2:59.10L	F # 39	Female 200 Breast	1	---	4.68
	1:27.13	3:00.19			
	(1:27.13)	(1:33.06)			
31.91L	F # 47	Female 50 Free	12	---	0.67
Zachary Denbow (12) M					
10:58.05L	F # 4	Male 800 Free	5	---	-26.69
	1:18.28	2:41.46	4:05.38	5:28.65	6:52.93
	8:17.33	9:40.53	11:02.03		
	(1:18.28)	(1:23.18)	(1:23.92)	(1:23.27)	(1:24.28)
				(1:24.40)	(1:23.20)
					(1:21.50)
2:53.02L	F # 10	Male 12 & Under 200 IM	1	---	-2.70
	1:25.60	2:54.07			
	(1:25.60)	(1:28.47)			
1:28.24L	F # 14	Male 12 & Under 100 Back	1	---	1.46
1:29.79L	F # 18	Male 12 & Under 100 Breast	2	---	-3.66
39.53L	F # 22	Male 12 & Under 50 Fly	2	---	-1.90
32.09L	F # 26	Male 12 & Under 50 Free	1	---	-0.53

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MST Team Specialty Meet 15-Jul-11 to 17-Jul-11 LC Meters**Location: Raco Pool, Manchester NH****Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

Time	F/P/S	Event	Place	Points	Improv
2:32.32L	F # 30	Male 12 & Under 200 Free	1	---	-1.41
	1:14.44	2:33.24			
	(1:14.44)	(1:18.80)			
1:09.28L	F # 38	Male 12 & Under 100 Free	1	---	-0.84
42.34L	F # 42	Male 12 & Under 50 Breast	1	---	-0.67
40.02L	F # 46	Male 12 & Under 50 Back	2	---	-0.68
Katherine Donovan (18) F					
6:24.70L	F # 1	Female 400 IM	7	---	20.76
	1:24.88	3:05.82	4:59.89	6:27.03	
	(1:24.88)	(1:40.94)	(1:54.07)	(1:27.14)	
3:07.48L	F # 7	Female 200 IM	23	---	16.30
	1:28.83	3:08.62			
	(1:28.83)	(1:39.79)			
1:17.04L	F # 23	Female 100 Free	27	---	7.20
5:41.50L	F # 27	Female 400 Free	12	---	26.94
	1:22.17	2:49.87	4:18.38	5:43.57	
	(1:22.17)	(1:27.70)	(1:28.51)	(1:25.19)	
NS	F # 31	Female 100 Fly	---	---	---
NS	F # 35	Female 200 Free	---	---	---
	(0.00)	(0.00)			
NS	F # 43	Female 100 Back	---	---	---
NS	F # 47	Female 50 Free	---	---	---
Kelsey Ewing (17) F					
5:54.41L	F # 1	Female 400 IM	4	---	26.93
	1:22.36	2:51.91	4:34.60	5:56.55	
	(1:22.36)	(1:29.55)	(1:42.69)	(1:21.95)	
2:46.11L	F # 7	Female 200 IM	5	---	16.36
	1:19.91	2:47.12			
	(1:19.91)	(1:27.21)			
2:44.59L	F # 11	Female 200 Back	1	---	12.85
	1:20.50	2:45.59			
	(1:20.50)	(1:25.09)			
1:35.38L	F # 15	Female 100 Breast	14	---	11.67
1:07.60L	F # 23	Female 100 Free	3	---	6.37
5:12.23L	F # 27	Female 400 Free	3	---	30.79
	1:14.18	2:33.74	3:54.28	5:14.12	
	(1:14.18)	(1:19.56)	(1:20.54)	(1:19.84)	
1:28.62L	F # 31	Female 100 Fly	13	---	20.41
2:24.24L	F # 35	Female 200 Free	4	---	13.17
	1:09.89	2:25.12			
	(1:09.89)	(1:15.23)			
1:19.63L	F # 43	Female 100 Back	1	---	5.51
31.58L	F # 47	Female 50 Free	8	---	2.22
1:08.52L	F # 51	400 Free Relay Lead Off	---	---	7.29

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MST Team Specialty Meet 15-Jul-11 to 17-Jul-11 LC Meters**Location: Raco Pool, Manchester NH****Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

Time	F/P/S	Event	Place	Points	Improv
Riley Ewing (15) M					
5:26.58L	F # 2	Male 400 IM	2	---	12.32
	1:10.24	2:35.31 4:14.19 5:28.56			
	(1:10.24)	(1:25.07) (1:38.88) (1:14.37)			
2:36.28L	F # 8	Male 200 IM	6	---	8.66
	1:12.74	2:37.23			
	(1:12.74)	(1:24.49)			
2:34.48L	F # 12	Male 200 Back	4	---	9.39
	1:16.81	2:35.42			
	(1:16.81)	(1:18.61)			
1:29.88L	F # 16	Male 100 Breast	7	---	1.66
1:03.10L	F # 24	Male 100 Free	8	---	2.21
4:48.19L	F # 28	Male 400 Free	3	---	11.32
	1:08.48	2:23.78 3:38.02 4:49.93			
	(1:08.48)	(1:15.30) (1:14.24) (1:11.91)			
1:12.16L	F # 32	Male 100 Fly	8	---	5.31
2:19.24L	F # 36	Male 200 Free	6	---	7.03
	1:07.45	2:20.09			
	(1:07.45)	(1:12.64)			
1:12.67L	F # 44	Male 100 Back	7	---	5.05
28.98L	F # 48	Male 50 Free	9	---	0.49
Sarah Ferguson (9) F					
4:02.24L	F # 9	Female 12 & Under 200 IM	14	---	54.69
	1:59.77	4:03.71			
	(1:59.77)	(2:03.94)			
2:14.18L	F # 17	Female 12 & Under 100 Breast	22	---	-2.04
54.60L	F # 21	Female 12 & Under 50 Fly	22	---	-2.42
42.27L	F # 25	Female 12 & Under 50 Free	22	---	-0.21
3:27.20L	F # 29	Female 12 & Under 200 Free	19	---	2.65
	1:40.60	3:28.46			
	(1:40.60)	(1:47.86)			
1:38.96L	F # 37	Female 12 & Under 100 Free	28	---	0.07
1:03.54L	F # 41	Female 12 & Under 50 Breast	27	---	1.28
53.24L	F # 45	Female 12 & Under 50 Back	24	---	0.01
1:27.41L	F # 49	200 Free Relay Lead Off	---	---	44.93
Alex Golding (7) M					
2:27.17L	F # 18	Male 12 & Under 100 Breast	13	---	---
56.72L	F # 26	Male 12 & Under 50 Free	17	---	---
2:04.21L	F # 38	Male 12 & Under 100 Free	18	---	-0.82
		2:04.96			
	(0.00)	(2:04.96)			
1:10.33L	F # 42	Male 12 & Under 50 Breast	16	---	---
Kathleen Golding (10) F					
2:48.30L	F # 9	Female 12 & Under 200 IM	1	---	0.78
	1:22.47	2:49.32			
	(1:22.47)	(1:26.85)			
1:32.65L	F # 17	Female 12 & Under 100 Breast	1	---	-0.31

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Time	F/P/S	Event	Place	Points	Improv
36.20L	F # 21	Female 12 & Under 50 Fly	6	---	-0.08
31.04L	F # 25	Female 12 & Under 50 Free	1	---	-0.75
5:08.86L	F # 27	Female 400 Free	2	---	0.09
	1:15.14	2:34.49	3:54.79	5:10.73	
	(1:15.14)	(1:19.35)	(1:20.30)	(1:15.94)	
2:25.65L	F # 29	Female 12 & Under 200 Free	1	---	0.07
	1:11.50	2:26.53			
	(1:11.50)	(1:15.03)			
1:06.24L	F # 37	Female 12 & Under 100 Free	1	---	0.12
43.39L	F # 41	Female 12 & Under 50 Breast	4	---	-1.21
37.70L	F # 45	Female 12 & Under 50 Back	1	---	-0.56
1:20.79L	T # 60	Mixed 12 & Under 100 Back	1	---	-1.02
Molly Golding (8) F					
3:32.37L	F # 9	Female 12 & Under 200 IM	9	---	-12.95
	1:49.41	3:33.66			
	(1:49.41)	(1:44.25)			
1:46.85L	F # 17	Female 12 & Under 100 Breast	9	---	-5.90
53.29L	F # 21	Female 12 & Under 50 Fly	19	---	6.08
37.81L	F # 25	Female 12 & Under 50 Free	15	---	-0.58
3:04.88L	F # 29	Female 12 & Under 200 Free	13	---	-10.13
	1:29.49	3:06.00			
	(1:29.49)	(1:36.51)			
1:24.76L	F # 37	Female 12 & Under 100 Free	20	---	-2.04
49.49L	F # 41	Female 12 & Under 50 Breast	10	---	-0.72
49.66L	F # 45	Female 12 & Under 50 Back	18	---	0.16
48.07L	T # 61	Mixed 12 & Under 50 Breast	1	---	-2.14
Sally Golding (7) F					
2:25.33L	F # 17	Female 12 & Under 100 Breast	25	---	---
51.84L	F # 25	Female 12 & Under 50 Free	32	---	1.06
1:52.56L	F # 37	Female 12 & Under 100 Free	37	---	-0.94
DQ	F # 41	Female 12 & Under 50 Breast	---	---	---
Allison Gown (7) F					
4:41.28L	F # 9	Female 12 & Under 200 IM	18	---	5.56
	2:27.32	4:42.98			
	(2:27.32)	(2:15.66)			
1:04.90L	F # 21	Female 12 & Under 50 Fly	27	---	-0.24
53.53L	F # 25	Female 12 & Under 50 Free	33	---	5.11
3:37.59L	F # 29	Female 12 & Under 200 Free	24	---	---
	1:48.57	3:38.91			
	(1:48.57)	(1:50.34)			
1:48.57L	F # 37	Female 12 & Under 100 Free	36	---	0.85
1:04.80L	F # 41	Female 12 & Under 50 Breast	29	---	0.97
1:07.31L	F # 45	Female 12 & Under 50 Back	32	---	10.17
Zachary Grimm (16) M					
10:16.11L	F # 4	Male 800 Free	3	---	-12.74
	1:10.47	2:28.83	3:48.01	5:07.73	6:27.46
	7:46.17	9:05.04	10:19.83		
	(1:10.47)	(1:18.36)	(1:19.18)	(1:19.72)	(1:19.73)
					(1:18.71)
					(1:18.87)
					(1:14.79)

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Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken

Time	F/P/S	Event	Place	Points	Improv
2:46.58L	F # 8	Male 200 IM	9	---	4.90
	1:20.46	2:47.59			
	(1:20.46)	(1:27.13)			
1:29.16L	F # 16	Male 100 Breast	6	---	2.73
1:03.04L	F # 24	Male 100 Free	7	---	0.29
4:56.00L	F # 28	Male 400 Free	4	---	---
	1:09.42	2:25.89	3:43.51	4:57.79	
	(1:09.42)	(1:16.47)	(1:17.62)	(1:14.28)	
Cole Hogg (16) M					
5:17.31L	F # 2	Male 400 IM	1	---	13.90
	1:06.69	2:28.42	4:06.35	5:19.23	
	(1:06.69)	(1:21.73)	(1:37.93)	(1:12.88)	
2:23.01L	F # 8	Male 200 IM	1	---	2.35
	1:06.33	2:23.88			
	(1:06.33)	(1:17.55)			
1:21.08L	F # 16	Male 100 Breast	2	---	-1.25
57.11L	F # 24	Male 100 Free	1	---	1.93
4:37.22L	F # 28	Male 400 Free	1	---	14.77
	1:06.65	2:16.93	3:28.11	4:38.90	
	(1:06.65)	(1:10.28)	(1:11.18)	(1:10.79)	
1:04.53L	F # 32	Male 100 Fly	1	---	1.71
2:09.84L	F # 36	Male 200 Free	1	---	7.60
	1:03.54	2:10.63			
	(1:03.54)	(1:07.09)			
1:10.39L	F # 44	Male 100 Back	3	---	-0.60
25.88L	F # 48	Male 50 Free	1	---	0.38
58.83L	F # 52	400 Free Relay Lead Off	---	---	3.65
Antony Hubbard (16) M					
5:31.22L	F # 2	Male 400 IM	3	---	5.58
	1:12.37	2:37.36	4:20.12	5:33.22	
	(1:12.37)	(1:24.99)	(1:42.76)	(1:13.10)	
2:32.07L	F # 8	Male 200 IM	3	---	3.91
	1:10.92	2:32.99			
	(1:10.92)	(1:22.07)			
2:32.58L	F # 12	Male 200 Back	3	---	8.29
	1:16.05	2:33.51			
	(1:16.05)	(1:17.46)			
58.63L	F # 24	Male 100 Free	3	---	1.73
4:45.52L	F # 28	Male 400 Free	2	---	0.75
	1:08.76	2:23.09	3:38.47	4:47.25	
	(1:08.76)	(1:14.33)	(1:15.38)	(1:08.78)	
1:08.50L	F # 32	Male 100 Fly	4	---	2.26
2:10.59L	F # 36	Male 200 Free	2	---	4.07
	1:04.35	2:11.38			
	(1:04.35)	(1:07.03)			
1:10.64L	F # 44	Male 100 Back	4	---	3.24
27.41L	F # 48	Male 50 Free	3	---	1.05

Individual Meet Results

MST Team Specialty Meet 15-Jul-11 to 17-Jul-11 LC Meters

Location: Raco Pool, Manchester NH

Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken

Time	F/P/S	Event	Place	Points	Improv
59.35L	F # 52	400 Free Relay Lead Off	---	---	2.45
Kathleen Jenkins (11) F					
3:05.70L	F # 9	Female 12 & Under 200 IM	4	---	-1.86
	1:27.38	3:06.83			
	(1:27.38)	(1:39.45)			
1:30.41L	F # 13	Female 12 & Under 100 Back	4	---	3.91
36.07L	F # 21	Female 12 & Under 50 Fly	5	---	-0.73
33.81L	F # 25	Female 12 & Under 50 Free	6	---	-0.33
2:40.22L	F # 29	Female 12 & Under 200 Free	3	---	-1.40
	1:18.32	2:41.19			
	(1:18.32)	(1:22.87)			
1:23.60L	F # 33	Female 12 & Under 100 Fly	6	---	0.56
1:13.97L	F # 37	Female 12 & Under 100 Free	7	---	0.27
39.22L	F # 45	Female 12 & Under 50 Back	4	---	-0.81
34.89L	T # 56	Mixed 12 & Under 50 Fly	1	---	-1.91
Jack Kramer (12) M					
1:58.78L	F # 14	Male 12 & Under 100 Back	7	---	---
DQ	F # 18	Male 12 & Under 100 Breast	---	---	---
38.26L	F # 26	Male 12 & Under 50 Free	7	---	---
3:10.03L	F # 30	Male 12 & Under 200 Free	3	---	0.33
	1:31.03	3:11.18			
	(1:31.03)	(1:40.15)			
1:27.13L	F # 38	Male 12 & Under 100 Free	8	---	-2.10
56.66L	F # 42	Male 12 & Under 50 Breast	10	---	---
52.90L	F # 46	Male 12 & Under 50 Back	16	---	-5.17
Cary Lee (12) M					
3:45.30L	F # 10	Male 12 & Under 200 IM	6	---	---
	1:56.03	3:46.66			
	(1:56.03)	(1:50.63)			
1:55.66L	F # 14	Male 12 & Under 100 Back	6	---	---
1:59.73L	F # 18	Male 12 & Under 100 Breast	8	---	-3.30
38.94L	F # 26	Male 12 & Under 50 Free	8	---	-3.52
3:26.44L	F # 30	Male 12 & Under 200 Free	5	---	---
	1:37.38	3:27.69			
	(1:37.38)	(1:50.31)			
1:32.81L	F # 38	Male 12 & Under 100 Free	10	---	1.78
NS	F # 42	Male 12 & Under 50 Breast	---	---	---
NS	F # 46	Male 12 & Under 50 Back	---	---	---
Taylor Lee (10) F					
4:14.50L	F # 9	Female 12 & Under 200 IM	16	---	7.08
	2:12.23	4:16.04			
	(2:12.23)	(2:03.81)			
X 1:59.96L DQ	F # 13	Female 12 & Under 100 Back	---	---	---
2:01.30L	F # 17	Female 12 & Under 100 Breast	13	---	-1.81
43.05L	F # 25	Female 12 & Under 50 Free	25	---	-1.38

Individual Meet Results

MST Team Specialty Meet 15-Jul-11 to 17-Jul-11 LC Meters

Location: Raco Pool, Manchester NH

Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken

Time	F/P/S	Event	Place	Points	Improv
3:34.84L	F # 29	Female 12 & Under 200 Free	23	---	---
	1:43.78	3:36.14			
	(1:43.78)	(1:52.36)			
1:45.48L	F # 37	Female 12 & Under 100 Free	34	---	6.58
NS	F # 41	Female 12 & Under 50 Breast	---	---	---
NS	F # 45	Female 12 & Under 50 Back	---	---	---
Matthew McKee (17) M					
12:16.96L	F # 4	Male 800 Free	7	---	36.29
	1:16.92	2:48.80	4:24.89	6:02.23	7:37.50
	9:13.56	10:47.63	12:21.41		
	(1:16.92)	(1:31.88)	(1:36.09)	(1:37.34)	(1:35.27)
				(1:36.06)	(1:34.07)
					(1:33.78)
3:16.66L	F # 12	Male 200 Back	10	---	11.22
		3:17.85			
	(0.00)	(3:17.85)			
1:05.61L	F # 24	Male 100 Free	12	---	0.58
6:05.73L	F # 28	Male 400 Free	11	---	12.51
	1:22.95	3:01.81	4:39.89	6:07.94	
	(1:22.95)	(1:38.86)	(1:38.08)	(1:28.05)	
1:13.90L	F # 32	Male 100 Fly	11	---	2.30
2:42.00L	F # 36	Male 200 Free	17	---	7.05
	1:17.10	2:42.98			
	(1:17.10)	(1:25.88)			
1:30.42L	F # 44	Male 100 Back	20	---	3.80
29.64L	F # 48	Male 50 Free	14	---	0.76
Danielle Morin (15) F					
3:20.92L	F # 7	Female 200 IM	27	---	9.23
	1:37.10	3:22.14			
	(1:37.10)	(1:45.04)			
1:51.33L	F # 15	Female 100 Breast	32	---	10.58
1:17.80L	F # 23	Female 100 Free	29	---	3.91
Elizabeth Morin (17) F					
1:38.59L	F # 15	Female 100 Breast	20	---	9.36
1:14.50L	F # 23	Female 100 Free	18	---	4.64
Olivia Neville (10) F					
3:38.53L	F # 9	Female 12 & Under 200 IM	10	---	---
	1:48.02	3:39.85			
	(1:48.02)	(1:51.83)			
1:50.64L	F # 13	Female 12 & Under 100 Back	10	---	3.65
42.80L	F # 21	Female 12 & Under 50 Fly	11	---	-3.01
37.24L	F # 25	Female 12 & Under 50 Free	12	---	-0.23
2:51.69L	F # 29	Female 12 & Under 200 Free	9	---	-7.75
	1:21.33	2:52.73			
	(1:21.33)	(1:31.40)			
1:21.63L	F # 37	Female 12 & Under 100 Free	16	---	-19.19
59.01L	F # 41	Female 12 & Under 50 Breast	22	---	---
47.33L	F # 45	Female 12 & Under 50 Back	15	---	-19.98
1:19.30L	F # 49	200 Free Relay Lead Off	---	---	41.83

Individual Meet Results

MST Team Specialty Meet 15-Jul-11 to 17-Jul-11 LC Meters
Location: Raco Pool, Manchester NH
Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken

Time	F/P/S	Event	Place	Points	Improv
Samuel Neville (6) M					
1:30.98L	F # 26	Male 12 & Under 50 Free	18	---	-11.72
1:52.12L	F # 46	Male 12 & Under 50 Back	20	---	-8.65
Kathryn O'Neil (16) F					
2:58.43L	F # 7	Female 200 IM	12	---	0.84
	1:26.36	2:59.51			
	(1:26.36)	(1:33.15)			
3:06.49L	F # 11	Female 200 Back	14	---	2.75
	1:32.57	3:07.62			
	(1:32.57)	(1:35.05)			
1:11.52L	F # 23	Female 100 Free	13	---	-0.57
5:42.23L	F # 27	Female 400 Free	13	---	4.81
	1:23.78	2:52.46	4:20.55	5:44.30	
	(1:23.78)	(1:28.68)	(1:28.09)	(1:23.75)	
2:35.32L	F # 35	Female 200 Free	12	---	0.05
	1:15.92	2:36.26			
	(1:15.92)	(1:20.34)			
1:26.69L	F # 43	Female 100 Back	15	---	1.29
32.22L	F # 47	Female 50 Free	13	---	-0.98
Julia Poirier (10) F					
1:54.00L	F # 13	Female 12 & Under 100 Back	11	---	-1.53
2:04.63L	F # 17	Female 12 & Under 100 Breast	15	---	-9.82
52.67L	F # 21	Female 12 & Under 50 Fly	18	---	-2.42
41.02L	F # 25	Female 12 & Under 50 Free	18	---	-0.09
3:25.43L	F # 29	Female 12 & Under 200 Free	18	---	-8.94
	1:37.44	3:26.68			
	(1:37.44)	(1:49.24)			
1:33.97L	F # 37	Female 12 & Under 100 Free	24	---	4.07
59.11L	F # 41	Female 12 & Under 50 Breast	23	---	-5.46
53.84L	F # 45	Female 12 & Under 50 Back	25	---	1.40
Kelsey Poremba (19) F					
11:22.56L	F # 3	Female 800 Free	5	---	14.23
	1:18.36	2:43.76	4:10.71	5:38.07	7:06.49
	8:34.01	10:01.74	11:26.69		
	(1:18.36)	(1:25.40)	(1:26.95)	(1:27.36)	(1:28.42)
				(1:27.52)	(1:27.73)
					(1:24.95)
1:17.89L	F # 31	Female 100 Fly	8	---	---
2:39.76L	F # 35	Female 200 Free	15	---	4.11
	1:17.56	2:40.73			
	(1:17.56)	(1:23.17)			
1:23.85L	F # 43	Female 100 Back	10	---	0.83
32.67L	F # 47	Female 50 Free	16	---	0.22
Lindsey Poremba (15) F					
12:06.63L	F # 3	Female 800 Free	8	---	4.69
	1:24.75	2:56.79	4:28.38	6:01.08	7:34.09
	9:07.82	10:40.34	12:11.02		
	(1:24.75)	(1:32.04)	(1:31.59)	(1:32.70)	(1:33.01)
				(1:33.73)	(1:32.52)
					(1:30.68)
1:29.84L	F # 31	Female 100 Fly	14	---	-0.50

Individual Meet Results

MST Team Specialty Meet 15-Jul-11 to 17-Jul-11 LC Meters

Location: Raco Pool, Manchester NH

Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken

Time	F/P/S	Event	Place	Points	Improv
2:47.68L	F # 35	Female 200 Free	22	---	1.99
	1:22.30	2:48.70			
	(1:22.30)	(1:26.40)			
1:29.72L	F # 43	Female 100 Back	18	---	2.26
33.84L	F # 47	Female 50 Free	20	---	-1.03
Megan Poremba (12) F					
11:47.68L	F # 3	Female 800 Free	6	---	-52.79
	1:20.71	2:49.42	4:19.41	5:51.68	7:22.99
	8:55.40	10:27.16	11:51.96		
	(1:20.71)	(1:28.71)	(1:29.99)	(1:32.27)	(1:31.31)
				(1:32.41)	(1:31.76)
					(1:24.80)
2:47.30L	F # 29	Female 12 & Under 200 Free	7	---	2.63
	1:20.01	2:48.31			
	(1:20.01)	(1:28.30)			
1:17.90L	F # 37	Female 12 & Under 100 Free	11	---	-1.81
49.70L	F # 41	Female 12 & Under 50 Breast	11	---	0.22
46.52L	F # 45	Female 12 & Under 50 Back	13	---	-6.33
Kayla Poulin (16) F					
1:41.15L	F # 15	Female 100 Breast	23	---	0.02
1:18.75L	F # 23	Female 100 Free	31	---	-0.24
6:21.91L	F # 27	Female 400 Free	16	---	---
	14:47.31	16:26.39	6:24.22		
	(14:47.31)	(1:39.08)	(986.39)	(6:24.22)	
Alaina Pribis (14) F					
10:08.77L	F # 3	Female 800 Free	2	---	-23.86
	1:12.11	2:28.12	3:44.83	5:02.08	6:19.96
	7:38.18	8:56.01	10:12.45		
	(1:12.11)	(1:16.01)	(1:16.71)	(1:17.25)	(1:17.88)
				(1:18.22)	(1:17.83)
					(1:16.44)
2:40.80L	F # 7	Female 200 IM	2	---	1.11
	1:19.34	2:41.78			
	(1:19.34)	(1:22.44)			
2:49.20L	F # 11	Female 200 Back	2	---	2.66
	1:21.85	2:50.23			
	(1:21.85)	(1:28.38)			
1:27.40L	F # 15	Female 100 Breast	4	---	2.55
1:05.79L	F # 23	Female 100 Free	2	---	0.28
4:57.73L	F # 27	Female 400 Free	1	---	7.16
	1:10.69	2:26.46	3:43.10	4:59.53	
	(1:10.69)	(1:15.77)	(1:16.64)	(1:16.43)	
1:15.25L	F # 31	Female 100 Fly	4	---	-1.56
2:20.41L	F # 35	Female 200 Free	1	---	4.28
	1:09.01	2:21.26			
	(1:09.01)	(1:12.25)			
1:19.64L	F # 43	Female 100 Back	2	---	2.25
31.52L	F # 47	Female 50 Free	7	---	1.09
1:07.48L	F # 51	400 Free Relay Lead Off	---	---	1.97
Carter Pribis (17) M					
1:14.67L	F # 32	Male 100 Fly	12	---	10.46

Individual Meet Results

MST Team Specialty Meet 15-Jul-11 to 17-Jul-11 LC Meters

Location: Raco Pool, Manchester NH

Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken

Time	F/P/S	Event	Place	Points	Improv
Karam Sandhu (14) M					
2:51.51L	F # 8	Male 200 IM	11	---	-0.25
	1:22.43	2:52.55			
	(1:22.43)	(1:30.12)			
2:50.33L	F # 12	Male 200 Back	8	---	-19.52
	1:25.21	2:51.36			
	(1:25.21)	(1:26.15)			
1:07.45L	F # 24	Male 100 Free	17	---	0.24
5:22.16L	F # 28	Male 400 Free	8	---	-1.94
	1:14.96	2:39.03	4:02.56	5:24.11	
	(1:14.96)	(1:24.07)	(1:23.53)	(1:21.55)	
2:28.65L	F # 36	Male 200 Free	12	---	1.26
	1:11.07	2:29.55			
	(1:11.07)	(1:18.48)			
1:19.50L	F # 44	Male 100 Back	14	---	-0.06
30.59L	F # 48	Male 50 Free	15	---	-0.81
Milan Sandhu (17) M					
1:06.98L	F # 32	Male 100 Fly	3	---	1.99
2:19.05L	F # 36	Male 200 Free	5	---	8.65
	1:06.75	2:19.89			
	(1:06.75)	(1:13.14)			
NS	F # 44	Male 100 Back	---	---	---
27.57L	F # 48	Male 50 Free	3	---	-0.73
Neelam Sandhu (12) F					
3:43.41L	F # 9	Female 12 & Under 200 IM	11	---	-5.81
	1:52.14	3:44.76			
	(1:52.14)	(1:52.62)			
1:56.16L	F # 13	Female 12 & Under 100 Back	13	---	10.08
1:48.80L	F # 17	Female 12 & Under 100 Breast	11	---	0.22
37.31L	F # 25	Female 12 & Under 50 Free	13	---	-0.06
3:12.23L	F # 29	Female 12 & Under 200 Free	16	---	-7.69
	1:31.36	3:13.40			
	(1:31.36)	(1:42.04)			
1:25.90L	F # 37	Female 12 & Under 100 Free	22	---	3.34
50.37L	F # 41	Female 12 & Under 50 Breast	14	---	-0.19
50.29L	F # 45	Female 12 & Under 50 Back	20	---	2.12
Aimee St. Germain (17) F					
3:03.95L	F # 7	Female 200 IM	18	---	2.50
	1:29.88	3:05.07			
	(1:29.88)	(1:35.19)			
1:35.37L	F # 15	Female 100 Breast	13	---	-0.94
1:16.22L	F # 23	Female 100 Free	25	---	2.22
5:44.45L	F # 27	Female 400 Free	14	---	5.37
	1:20.64	2:47.56	4:17.80	5:46.53	
	(1:20.64)	(1:26.92)	(1:30.24)	(1:28.73)	
1:31.68L	F # 31	Female 100 Fly	16	---	5.45

Individual Meet Results
MST Team Specialty Meet 15-Jul-11 to 17-Jul-11 LC Meters**Location: Raco Pool, Manchester NH****Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

Time	F/P/S	Event	Place	Points	Improv
2:36.83L	F # 35	Female 200 Free	13	---	-4.14
	1:15.14	2:37.78			
	(1:15.14)	(1:22.64)			
3:24.78L	F # 39	Female 200 Breast	10	---	---
	1:37.84	3:26.02			
	(1:37.84)	(1:48.18)			
33.72L	F # 47	Female 50 Free	18	---	-1.48
Thayne Stewart (10) F					
2:32.42L	F # 13	Female 12 & Under 100 Back	17	---	6.78
1:00.42L	F # 25	Female 12 & Under 50 Free	38	---	6.47
2:16.85L	F # 37	Female 12 & Under 100 Free	40	---	3.74
DQ	F # 41	Female 12 & Under 50 Breast	---	---	---
1:13.87L	F # 45	Female 12 & Under 50 Back	35	---	10.57
Noelle Theodoulou (12) F					
NS	F # 9	Female 12 & Under 200 IM	---	---	---
	(0.00)	(0.00)			
3:02.22L	F # 11	Female 200 Back	10	---	2.66
	1:27.48	3:03.32			
	(1:27.48)	(1:35.84)			
NS	F # 13	Female 12 & Under 100 Back	---	---	---
1:42.16L	F # 17	Female 12 & Under 100 Breast	6	---	-0.01
33.67L	F # 21	Female 12 & Under 50 Fly	2	---	0.31
31.84L	F # 25	Female 12 & Under 50 Free	2	---	0.76
2:34.04L	F # 29	Female 12 & Under 200 Free	2	---	3.58
	1:14.28	2:34.97			
	(1:14.28)	(1:20.69)			
1:22.12L	F # 33	Female 12 & Under 100 Fly	5	---	0.01
1:10.78L	F # 37	Female 12 & Under 100 Free	5	---	0.73
NS	F # 41	Female 12 & Under 50 Breast	---	---	---
NS	F # 43	Female 100 Back	---	---	---
1:07.69L	F # 49	200 Free Relay Lead Off	---	---	36.61
1:23.48L	T # 54	Female 11-12 100 Back	1	---	-1.19
1:25.18L	T # 60	Mixed 12 & Under 100 Back	2	---	0.51
Nathan Thompson (18) M					
2:49.72L	F # 8	Male 200 IM	10	---	---
	1:18.06	2:50.75			
	(1:18.06)	(1:32.69)			
1:37.78L	F # 16	Male 100 Breast	8	---	---
1:04.05L	F # 24	Male 100 Free	9	---	---
2:23.43L	F # 36	Male 200 Free	9	---	---
	1:07.54	2:24.30			
	(1:07.54)	(1:16.76)			
1:19.34L	F # 44	Male 100 Back	13	---	---
28.64L	F # 48	Male 50 Free	7	---	---

Individual Meet Results

MST Team Specialty Meet 15-Jul-11 to 17-Jul-11 LC Meters

Location: Raco Pool, Manchester NH

Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken

Time	F/P/S	Event	Place	Points	Improv
Kaitlin Turmel (10) F					
3:49.59L	F # 9	Female 12 & Under 200 IM	12	---	---
	1:56.34	3:50.98			
	(1:56.34)	(1:54.64)			
1:55.12L	F # 13	Female 12 & Under 100 Back	12	---	---
49.90L	F # 21	Female 12 & Under 50 Fly	16	---	-11.86
Olivia Wons (16) F					
2:59.81L	F # 7	Female 200 IM	13	---	9.55
	(0.00)	3:00.90			
	(3:00.90)				
2:51.79L	F # 11	Female 200 Back	3	---	8.88
	1:23.43	2:52.83			
	(1:23.43)	(1:29.40)			
1:39.20L	F # 15	Female 100 Breast	21	---	4.00
1:09.71L	F # 23	Female 100 Free	9	---	3.60
5:21.63L	F # 27	Female 400 Free	6	---	16.22
	1:15.56	2:37.81	4:01.20	5:23.58	
	(1:15.56)	(1:22.25)	(1:23.39)	(1:22.38)	
2:31.38L	F # 35	Female 200 Free	8	---	7.43
	1:13.04	2:32.30			
	(1:13.04)	(1:19.26)			
NS	F # 43	Female 100 Back	---	---	---
NS	F # 47	Female 50 Free	---	---	---